



Game-Songs WITH PROF DOGGS TROUPE

44 songs and games with activities chosen by Harriet Powell with drawings by David McKee



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Contents

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Сборник, состоящий из 44 песенок и игр на английском языке, адресован дошкольникам и детям младшего школьного возраста. Тексты песен легко запоминаются детьми. К сборнику записана аудиокассета длительностью звучания 70 минут.

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Gathering together

1 Say hello

A ritual song for saying hello. It can also include actions and acting-out.

- 2 How do you do? A ritual meeting and greeting song
- 3 Bash and Bang Band A parading song. Sing it as you play real or home-made instruments.
- 4 Bandleader
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- 5 We're going to make a circus A gathering together or parading song. Use it to gather children together for any project.



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Learning Through Fun

Professor Dogg's Troupe of Inter-Action began when a few actors joined me to create a participatory play for children on the streets and playgrounds of North London. The play used colourful costumes, a conflict in the plot which the children could help resolve, a guitar or accordion, and simple songs with easy-to-pick-up tunes and words.

The plot was resolved by the children participating through games which helped move the storyline along. Out of this came the formation of the Troupe as a theatre company which created its own material for shows, projects and events in which children could take part immediately and actively especially through games and songs.

As we developed the theory and practice of Participatory Theatre throughout the seventies, the types of song also developed. One basic type used in most of the more than 150 plays created for children by the Troupe since 1968 is the game-song. This has simple words and a catchy tune; it is structured as a type of game. There are many traditional game-songs; Professor Dogg's Troupe have created new ones for different situations.

All songs that children sing teach them physical (rhythmic) co-ordination along with social and language skills which are, of course by-products of the simple act of singing. Gamesongs do this more than other types of songs because of their creative structure. They can be played around with and changed, added to or acted out.

Children naturally want to use language; and the use of language is the key to most further learning. Motivation to use language is part of creative playing and singing and the child's desire to explore. Songs as games build on these natural capacities.

They encourage children to use language and



to practise it in public, as it were, by singing out loud with other children. The children neither feel they are being taught to sing nor to learn anything directly. It all happens as part of the game and it's fun.

It might be interesting to look at some of the many things which can happen when children do something as seemingly simple as singing a game-song together. They can be:

- -learning to listen to others
- -taking turns
- -having a feeling of security in a group
- -speaking up in a group
- -co-operating with their peer group
- -making decisions to change a word or action
- -accepting that changes are permissible within a set of rules
- —using their imagination both physically and verbally
- -enabling leadership to emerge
- -thinking up responses
- --- practising verbal skills and vocabulary
- developing muscular co-ordination and rhythmic ability

The list above can be summarized in three categories of skills: communication, social and language.

There is a fourth area – emotional development. When a child plays the game-song of creeping up on a sleeping man who then wakes up with a roar (12 Creep up), there is a potential for different kinds of emotional expression – fear, laughter and pleasure.

All of this adds up to game-songs being particularly useful in developing confidence and a range of basic skills. The nicest thing about it, when all the analysis is over, is that game-songs are simply a great deal of fun.

ED Berman MBE

How to use the book

Singing these game-songs is child's play! All the invention, energy and fun in children's play is here in a game-song too. As well as enjoying singing together, children can join in with all kinds of physical activity, from wiggling eyebrows to doing the monster stomp.

Game-songs encourage children to play inventively with the words of songs and to make up new versions. They present many opportunities for children and adults to choose their own actions, sounds and words within the basic framework of each game-song. Just like children's games they have themes of fantasy or reality or a mixture of both.

All the game-songs in the collection have been written over the last twelve years by actors and musicians associated with Inter-Action's Prof Dogg's Troupe, several of whom have also worked at Interplay Community Theatre, Leeds. All the songs have been sung with children under seven as well as children of a wider age range and some have been used with children with various disabilities.

We have used them hundreds of times in all sorts of places – parks, playgroups, schools, clubs for children with handicaps, and with our own children at home.



Types of game-songs

Alongside the heading 'basic use' we indicate the game-song's type and purpose. There are ritual songs, action songs, sound effect songs, acting-out songs, parading songs, gathering together songs, and dances. Most songs have a combination of purposes, for example actions and sound effects. Many of the songs have



themes such as the circus, the jungle or the weather which children, like the rest of us, can easily relate to.

Most of the game-songs are constructed to allow the children's suggestions to be incorporated. For example:

- -Rhymes: Rhyming name song needs children to provide rhymes for each others names
- —Words: Make a cake encourages children to think of ingredients for a cake
- —Words and sounds: On Christmas Day requires suggestions of toys the children might receive at Christmas and the sounds the toys might make
- —Actions: I've got a body needs suggestions for what you do with different parts of your body







Basic use

Under this heading we give you guidance on how to use each game-song in its basic form.

Try this

Under this heading we list further ways of using the game-song. Introduce different ways of playing the game-songs yourself or ask children to suggest ways before singing the song. Here are some examples of how we have developed them:

Exploring the theme further. For example, the Weather song, which is a song for singing about different kinds of weather, can be sung to include

- ideas for what you do or wear in different kinds of weather.
- -Changing a theme. Come to the party can become Come to the seaside
- -Changing a character. The dinosaur in When a dinosaur's feeling hungry can become another animal or a person
- -Including actions. Say hello can be changed to Clap your hands or Be a train

Also under this heading we give you some ideas for extending the game-songs into other activities such as craft work or storytelling. Alternatively, an activity may lead you into an appropriate game-song. Here are some possibilities:

- —after singing Walking through the jungle children could paint jungle pictures, or reading a jungle story might lead to singing Walking through the jungle
- —often the song and activity can be combined. Animal costumes could be made with the children and worn while singing Walking through the jungle

Remember that our suggestions are only starting points. You will think of more possibilities than we have ever tried.



The music

The tunes are simple and fun to sing. Children pick them up very quickly. We have given chord symbols above each melody and a piano accompaniment to most of the songs for those who want to use an instrument to accompany the singing.



The tape

This has been recorded to help both those who don't read music and those who do. Listening and singing along will enable you to learn the tunes and feel confident singing them with children even without accompaniment. Even if you do read music, you may like to listen to the tape with the children and get to know the song together.

The recordings differ from the book in that we have made up new words in those songs which are meant to elicit suggestions from the children. We recommend that you listen to how the children's suggestions could fit in in place of ours. Then sing the songs allowing the children to introduce their own words and ideas.



The games

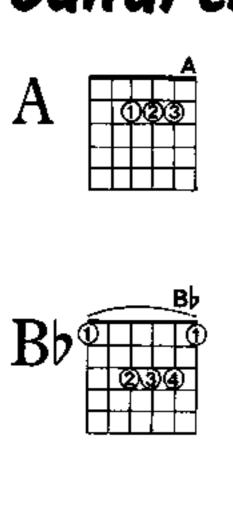
Alongside the songs is a collection of nonmusical games in strip cartoon form. These are games which we often play before or after singing a song. Most of them connect with a theme in the game-song they accompany. For instance the actions in a song may lead into a non-musical game or vice versa:

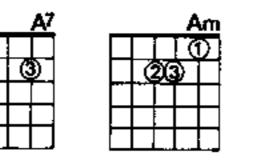
—Bendy toy can lead to the game called Clay modelling in which children bend each other into shapes.

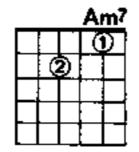
Here is one more game. Try making up your own game-song using a well-known tune as we have done with *Rhyming name song*. We have found the habit of playing around with songs a creative one – we hope you will too.

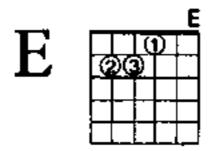
Harriet Powell

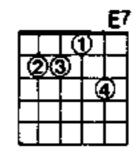
Guitar chords

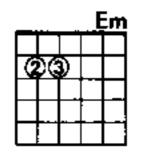


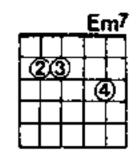


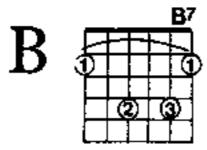


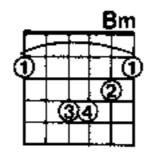


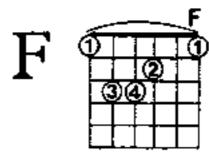


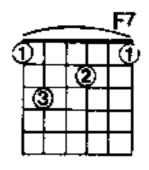


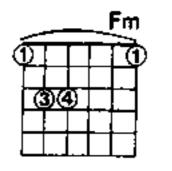


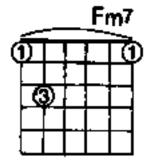


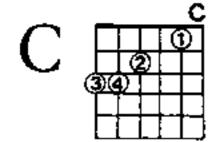


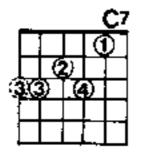


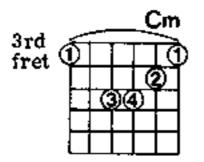


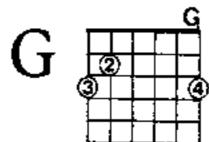


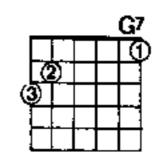


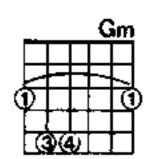


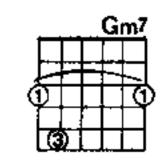


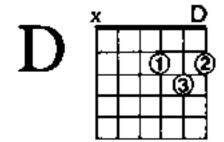


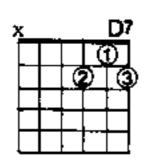


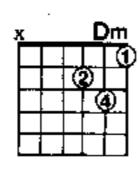


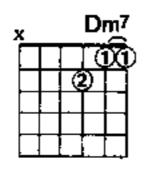












x silent string



barré: press all strings down with first finger

Maggie Anwell, Tony Coult, John Rust and Charlie Stafford

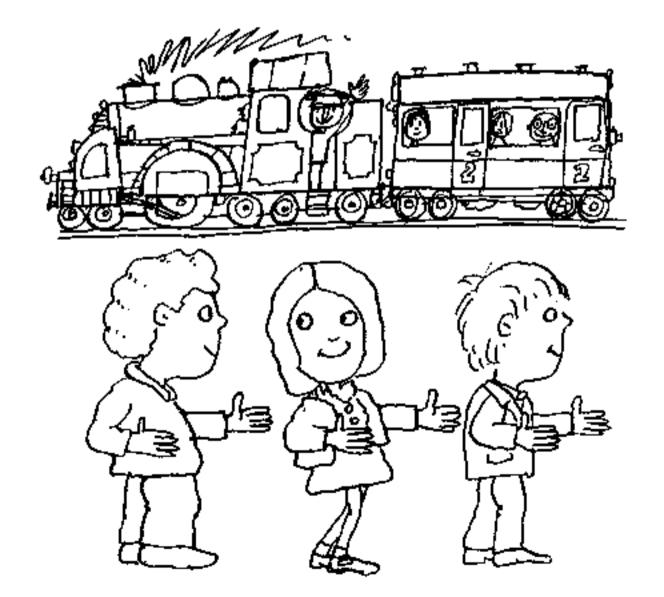
I Say hello

Leader Children

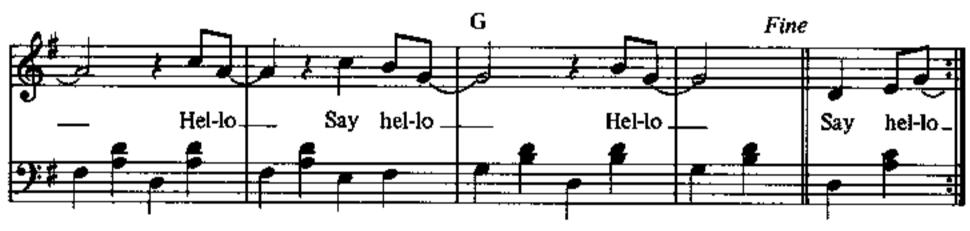
Say hello Hello Say hello Hello Say hello Hello

Say hello Hello

Basic use - a ritual song for saying hello







Try this

You don't need to repeat all four lines for each name – one or two would do:



Hello John Hello John
Hello John Hello John
Hello Pete Hello Pete ...

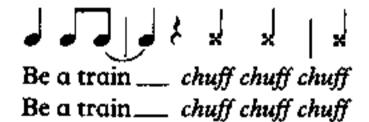
Fit in words describing actions. The leader can sing the action and perform it, encouraging the children to copy:



Clap your hands___ clap clap clap

Clap your hands___ clap clap clap

Pretend to be something or someone else. The children can act out the movements and imitate the sound of whatever the leader tells them to be:



Turn the song into a game. Ask the children to do and/or sing the opposite of the instruction. For example:

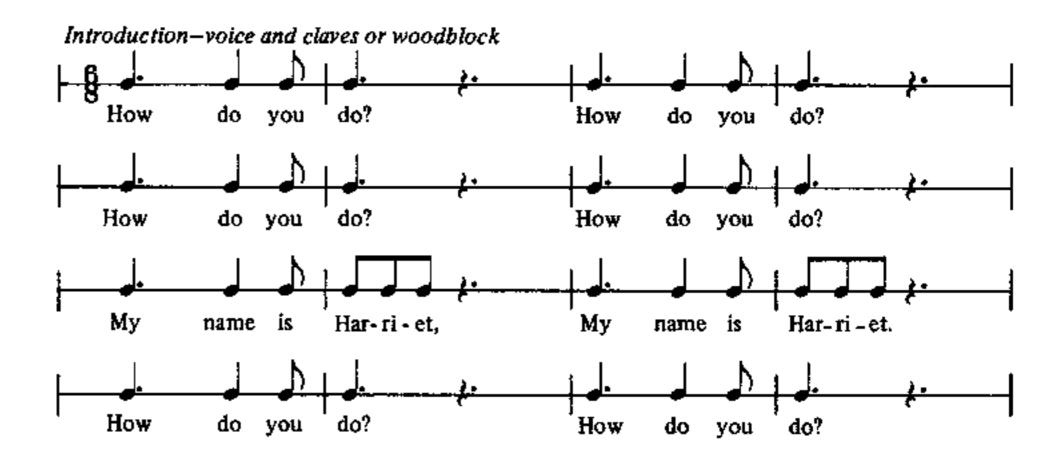
Leader Children

Say hello Goodbye

All sit down All stand up . . .

2 How do you do?

How do you do?
How do you do?
I'm very pleased to meet you,
I'm very pleased to meet you,
How do you do?
How do you do?



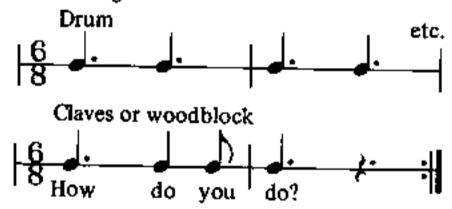






Basic USE – a ritual meeting and greeting song

Young children pick this song up very quickly. The leader may like to accentuate the rhythm by accompanying the singing on a percussion instrument. You can play the melody rhythm, a steady pulse of dotted crochet beats (first rhythm given below), or play the rhythm of the words "how do you do" throughout:



Introduce the song to the children by rhythmically chanting the words "how do you do" over and over, then introducing your own name (see the Introduction).

Try this

Get all the children shaking hands with each other by singing the first two bars of the melody to these words (the rhythm needs to be altered slightly):



Everyone hold hands
Everyone hold hands
Shake them up and down
Shake them up and down



Now we can sing Now we can sing

Then start the song again at "how do you do". Encourage the children to fit in other actions, such as clapping to the rhythm, in the same way.



3 Bash and Bang Band

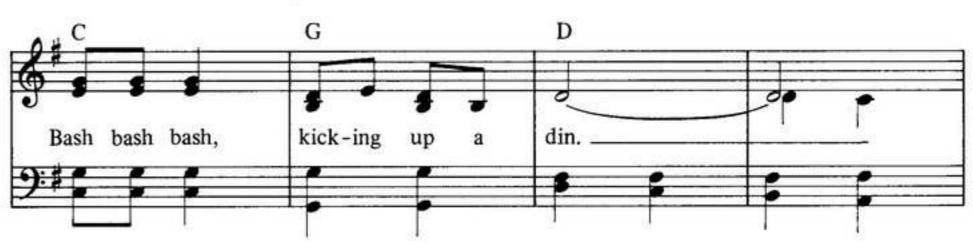
We are the Circus Bash and Bang Band Bash bash bash, kicking up a din. We are the Circus Bash and Bang Band Bang bang bang, everyone join in.

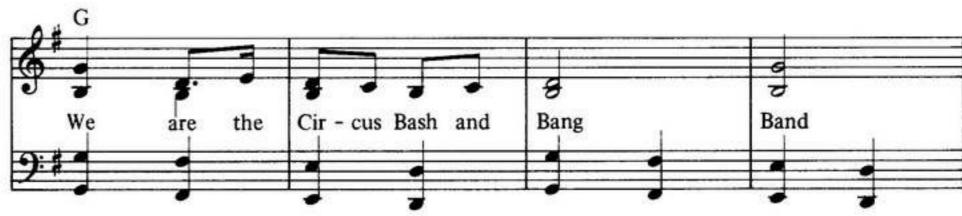
> La la La la la lala la la Lala la la la la (Repeat)











4 Bandleader





Basic USE —a parading song

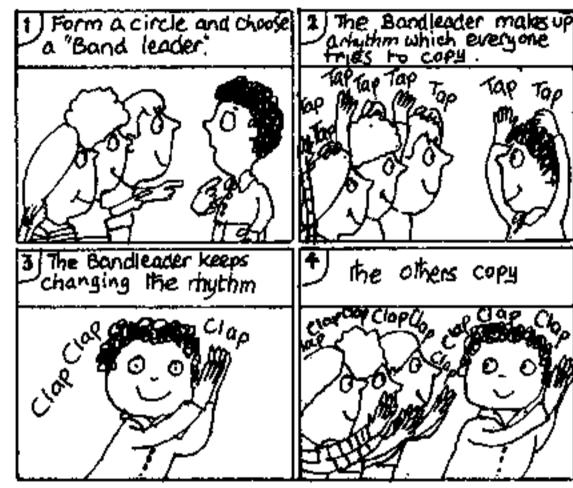
A song which children can accompany with home-made instruments. The name Circus Bash and Bang Band is used as an example and you can insert any name you like for your band, e.g. the name of your school or playgroup.

Try this

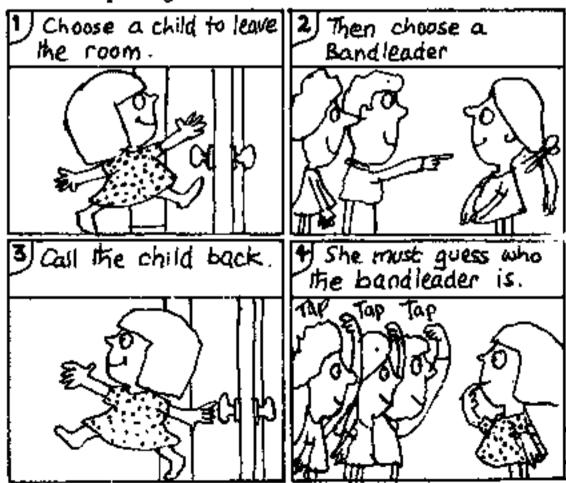
Make your own instruments - plastic bottle maracas, tin can drums, pan lid cymbols - then sing the song and parade round using your instruments to play along on "bash bash bash", "bang bang bang" and in the "la la" section.

If you don't have instruments, imitate the sounds instead, e.g. drum (boom boom boom) or trumpet (toot toot toot). This will work well in the "la la" section where everyone can make the sound of their instrument and mime playing it instead of singing to la.

Call out one type of instrument to be played or mimed during the "la la" section while the others keep silent.



To develop the game. . .



5 We're going to make a circus

We're going to make a circus We're going to make a circus We're going to make a circus The greatest show on earth.

Leader

Children

It's gigantic It'll be frantic It's gigantic
It'll be frantic

Thrill a minute

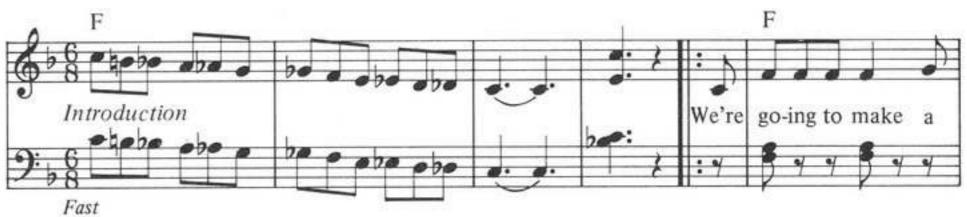
Thrill a minute

Come along and be in it

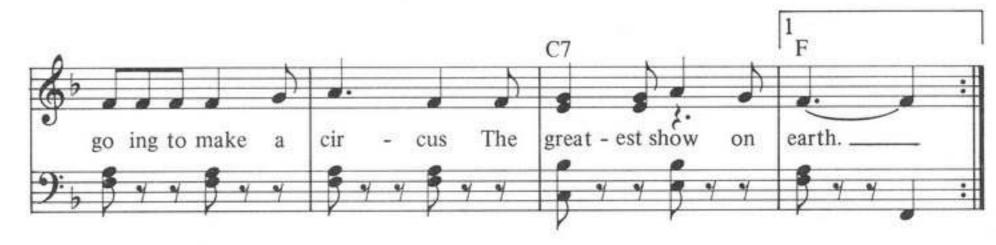
Come along and be in it

Basic use – gathering together or parading

All sing the first section together, then in the second section the children sing the repeated line after the leader Each section can be repeated as many times as you like. You can use the song as a means of gathering a group of children together for a project. Change the words to suit the situation, e.g "We're going to paint a picture"





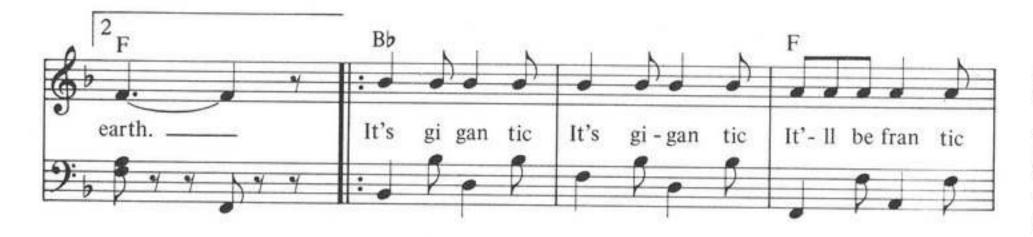


















Try this

Have a face painting session choosing a number of different characters to paint yourselves as. All sit in a circle then ask one of your characters or a group of them to dance, crawl, growl, or whatever is appropriate, in the middle of the circle. Meanwhile the other children can sing the first section of the song with suitable new words, e.g

We can see a tiger
We can see a tiger
We can see a tiger
The wildest tiger on earth.

Make a circus spend a day helping the children prepare for and perform their own circus. Make costumes and props from junk materials and rehearse the acts the children want to perform. When you are ready, gather a circle of friends, parents and neighbours and put on a performance.



6 Come to the party

Come to the party come to the party Come to the party come right now, Think of something you want to do And you can do it right now.

You can eat cake on your own
You can eat cake with a friend
You can eat cake with everybody
And you can do it right now.
Come to the party...

You can have a dance on your own
You can have a dance with a friend
You can have a dance with everybody
And you can do it right now.
Come to the party...

You can . . . on your own . . .

Basic use - an acting-out song

After singing the chorus together, get suggestions from children for different things you can do at a party and act them out while singing each new verse.





Try this

Replace party with any different theme. For example:

Come to the seaside come to the seaside Come to the seaside come right now, Think of something you want to do And you can do it right now.

Ask "What can you do at the seaside?"

You can have a paddle on your own
You can have a paddle with a friend
You can have a paddle with everybody
And you can do it right now.

Come to the seaside . . .

Ask again

You can . . . on you own . . .

Use as a gathering together or parading song after an activity such as face painting, dressing up, or mask making. Alter the theme to whatever is appropriate – circus, farmyard, pantomime.

7 Musicless chairs



Change the theme to whatever you like, e.g. shepherds, sheep and sheep-dogs.

8 Make a face

If you want to be happy And have a happy day, And spread a bit of joy around Then there is just one way

Make a face
Make a face
Make it as happy as you can
And make a face.

If you want to be happy

Make a face
Make a face
Make it as scary as you can
And make a face.

If you want to be happy

Make a face
Make a face
Make it as silly as you can
And make a face.

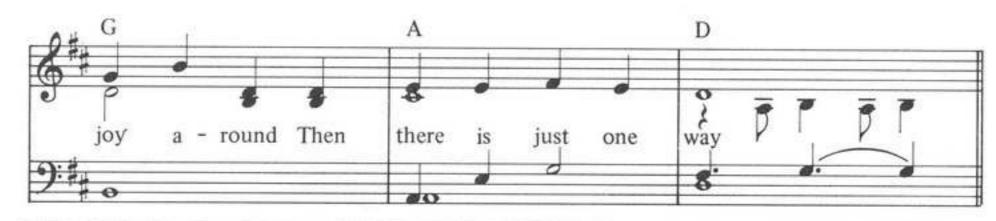
If you want to be happy

Basic use - an acting-out song

After singing the chorus together ask the children what sort of faces they can make – happy, silly, angry Choose one and repeat the verse or chorus as many times as you like while you all make that face. Sing the chorus again then start a new verse.



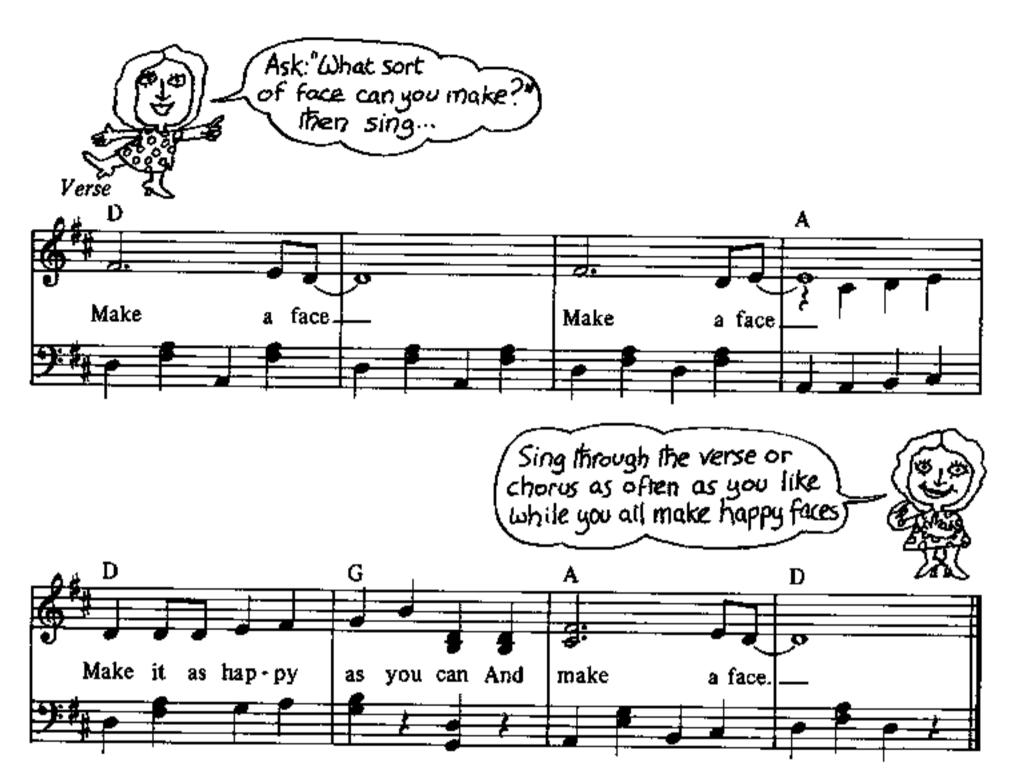












Try this

Substitute statues for faces and ask the children what sort of statue they would like to make, e.g.

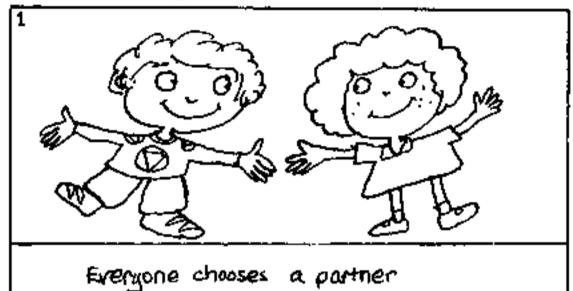
Make a statue Make a statue

As much like a monster as you can And make a statue.

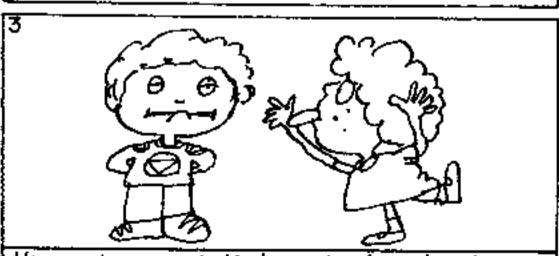
Make a sound: ask the children in turn to think of a funny, imaginative, quiet, or loud sound on different instruments or using their voices, e.g.

Make a sound
Make a sound
Make it as quiet as you can
And make a sound.

9 Keep your face straight







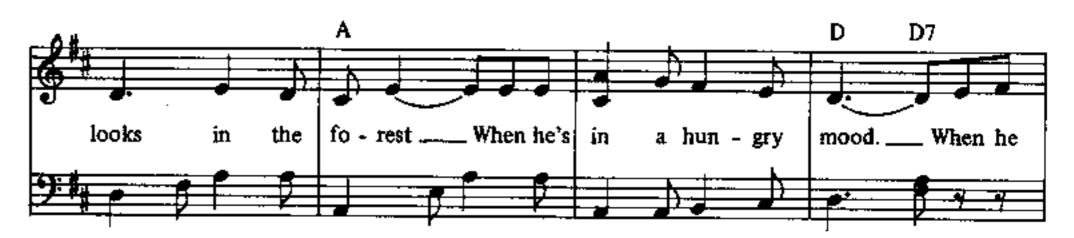
His partner must try to make him laugh or change his face without touching him.

Charlie Stafford and the children of Quarry Hill Flats, Leeds

When a dinosaur's feeling hungry
He looks for food.
He looks in the forest
When he's in a hungry mood.
When he looks in the forest
He finds lots and lots of trees,
When he looks in the forest
He finds lots and lots of mice.

And he goes mmm - trees
And he goes ugh - mice
And he goes mmm - trees
And he goes ugh - mice.
When a dinosaur's feeling hungry
He looks for food.

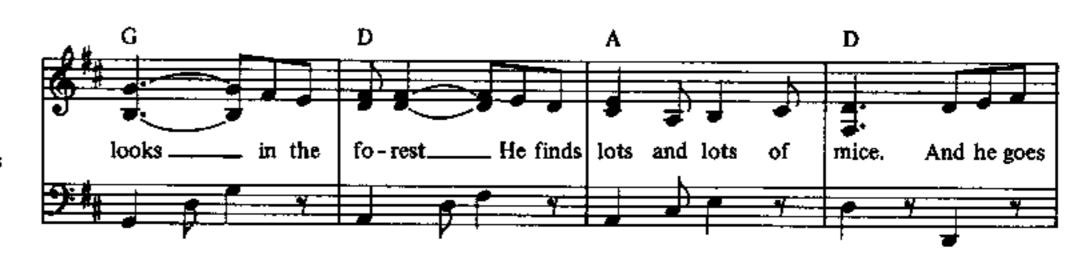






Basic use - an acting-out song

Before you start the song, ask the children where a dinosaur might look for food, and what it would and wouldn't like to eat. Fit their suggestions into the appropriate places in the song, making up as many new verses as you like.







Try this

Make up a new verse for each child in turn, asking them what they can and can't eat or what they do and don't like eating, and where they would go to find it:

When Pete is feeling hungry
He looks for food.
He looks in the kitchen
When he's in a hungry mood.
When he looks in the kitchen
He finds lots and lots of cake,
When he looks in the kitchen
He finds lots and lots of soap.
And he goes mmm – cake
And he goes ugh ~ soap . . .

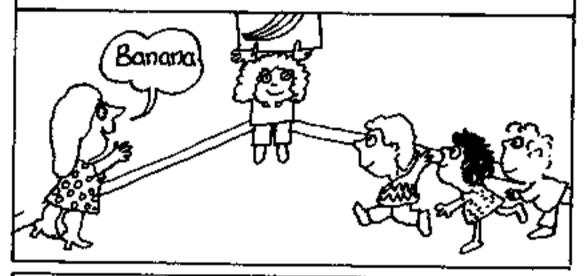
Instead of a dinosaur, think of another character to sing about – human, animal, or otherwise. You might choose a character from a favourite story. As you sing the song you could all move round the room pretending to be the person you are singing about. Ask the children what they can find in the room which your new character would and wouldn't like eating. Fit their suggestions into the song to make new verses.

Put some edible things like different pieces of fruit into one bag, and into another bag put some inedible objects – a piece of string, soap, rubber. As you sing the song, a child can pick one thing from each bag with which to complete the lines of the verse.

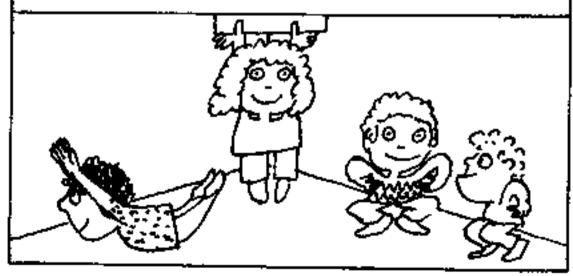
Il Yummy corners

In each corner of the room a child holds a large picture of a food.

If the leader shouts 'Banana', the children must run to that corner



When they get there they can act out being the food, or the kind of animal that eats the food.



12 Creep up

Sam creep up, creep up
As quietly as you can.
Sam creep up, creep up
Don't wake the sleeping man.

Sam put the pig on the head - pat pat pat Sam put the pig on the back - pat pat pat Sam put the pig on the head - pat pat pat Oh oh oh oh I say, You'd better run away!

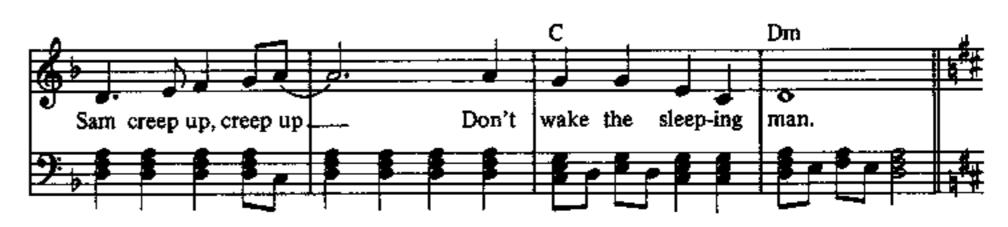


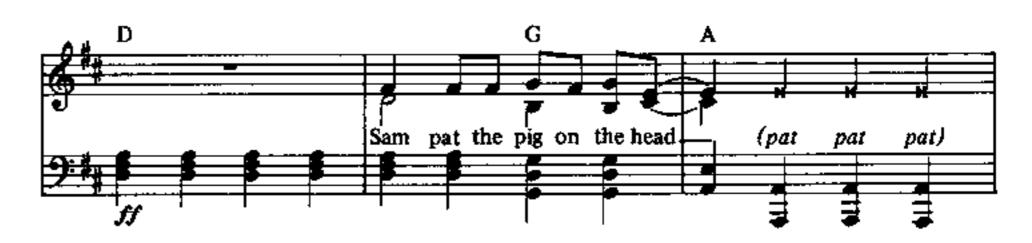
Basic use - an acting-out song

Each child in turn creeps up to a sleeping character (in our example a farmer with a pig). Another child can be this character. The child creeping up is trying to steal the pig from the farmer. After the third time of patting the pig, the farmer wakes up with a loud yawn or roar, and the child runs away.

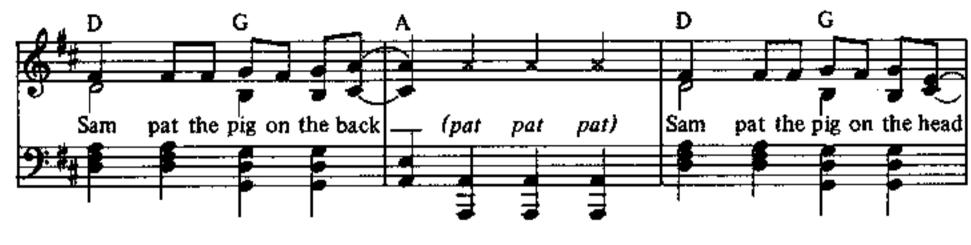


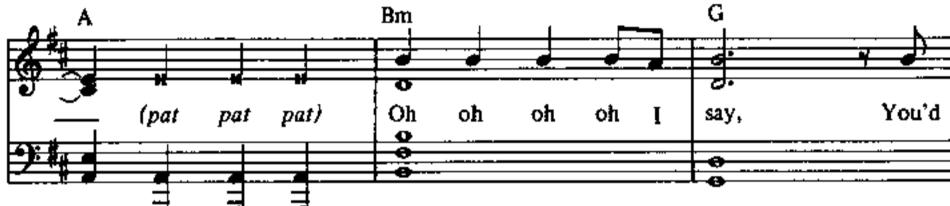






13 Burglar







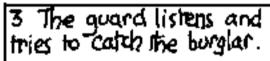
Try this

Hide someone in a large cardboard box or basket and give them a collection of loud sound makers – whistle, football rattle, hooter. The other children creep up in turn and knock the basket. After the third time the person inside makes one of the loud sounds:

Maggie creep up, creep up
As quietly as can be
Maggie creep up, creep up
I wonder what we'll see.

Maggie give the basket a knock – knock knock knock Careful or you might get a shock – knock knock knock Maggie give the basket a knock – knock knock knock Oh oh oh oh I say, You'd better run away!







4 if the burgler takes the object without being caught the grand must guess who the burglar was



La la lala la la Lala la la la lalala la La la lala la la Lala la la la lalala la

Standing up, standing up Everybody standing up. Standing up, standing up Everybody standing up. La la lala la la

Basic use - an action and acting-out song

Any number of suggestions for verses can be fitted into the format of this song - "standing up" is simply given as an example. Sing the chorus then repeat the verse with its actions as many times as you like.





15 Knee boxing

Try this

To form a circle sing:

In a circle, in a circle
In a circle, round we go.
In a circle, in a circle
In a circle, round we go.

Act out different characters:

Be a giraffe, be a giraffe
Stretch up tall just like a giraffe.
(Repeat)

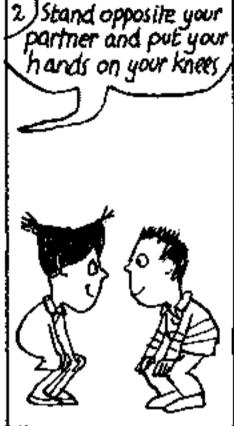


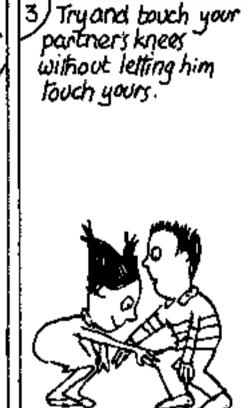
Be a mouse, be a mouse
Curl up small just like a mouse,
(Repeat)



Be a . . .









16 Finger sword fighting

Put one hand

behind your back









17 Be a clown

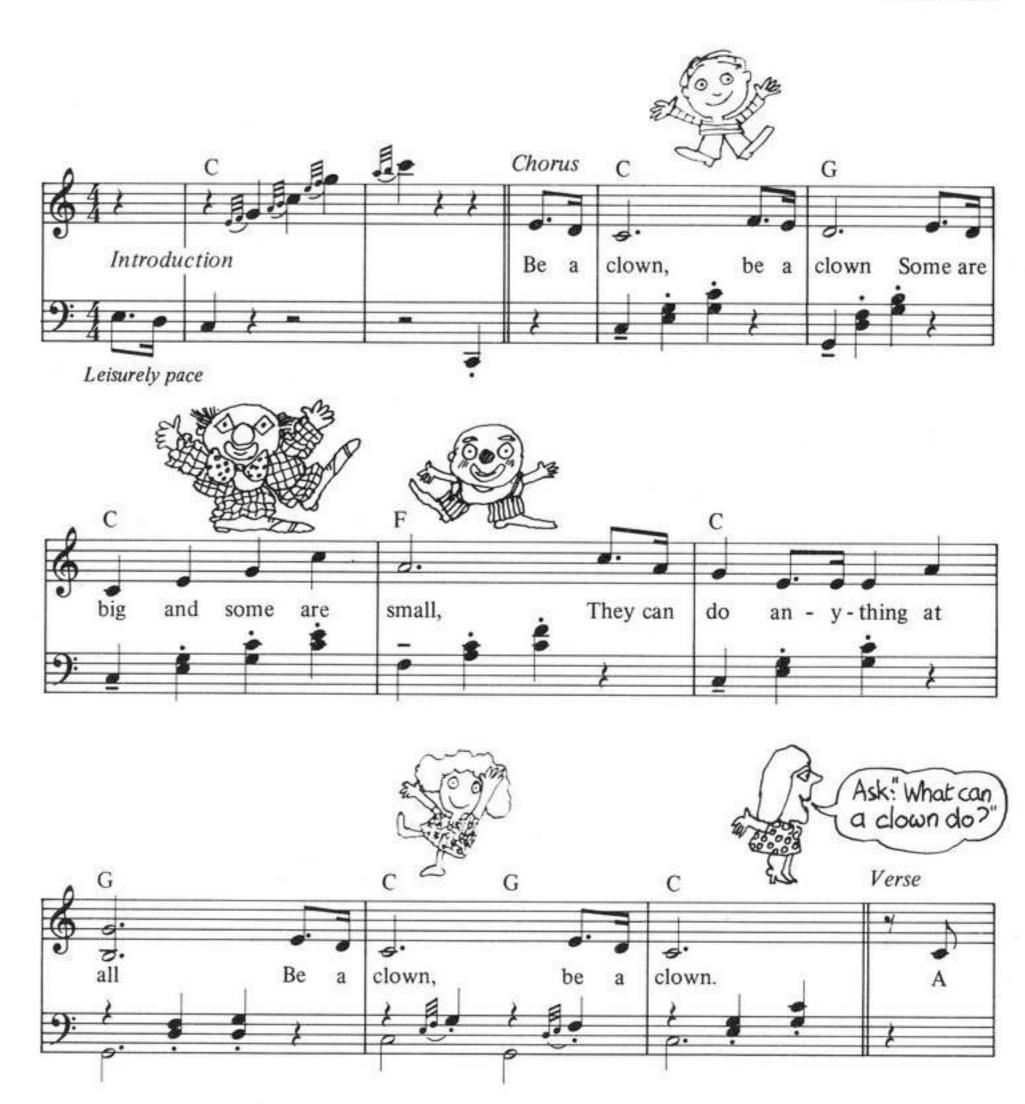
Be a clown, be a clown
Some are big and some are small,
They can do anything at all
Be a clown, be a clown.

A clown can pull a funny face
You can pull a funny face
You can pull a funny face too,
A clown can pull a funny face
You can pull a funny face
You can pull a funny face
You can pull a funny face
Be a clown

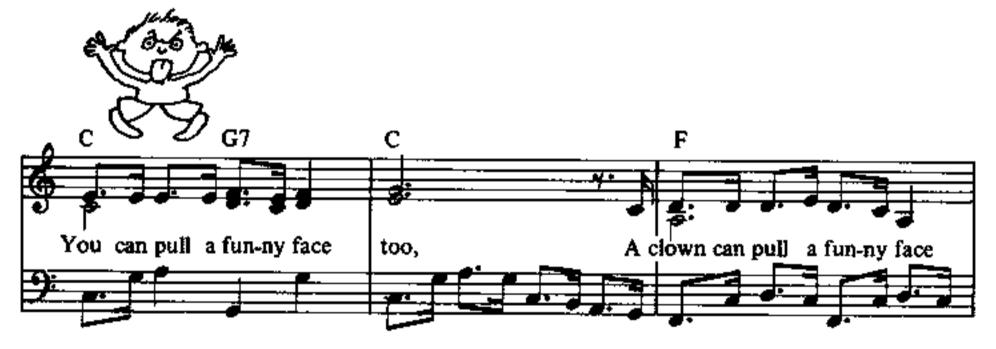
A clown can jump up and down
You can jump up and down
You can jump up and down too
Be a clown

A clown can











Basic use - an acting-out song

During the chorus, dance around like clowns. Take suggestions from the children for things a clown can do and act these out in each new verse. You might use the song after a face painting session or as part of the circus project suggested in 5 We're going to make a circus.

Try this

Instead of being clowns choose another character to sing about and imitate, making up a new verse each time as above, or thinking of a new character at each new chorus:

Be a frog, be a frog
Some are big and some are small,
They can do anything at all
Be a frog, be a frog.

A frog can hop along the ground
You can hop along the ground
You can hop along the ground too . . .
Repeat

Repeut Be a frog . . .

Be a bird, be a bird . . .

A bird can flap its wings about
You can flap your wings about
You can flap your wings about too . . .
Repeat

Be a bird . . .

18 Walking through the jungle

Walking through the jungle, walking through the jungle,

What do you see? What do you see?

If you hear a noise - sh - sh - sh What could it be? What could it be?

Oh well I think it was a snake – hiss
Think it was a snake – hiss
Think it was a snake – hiss
Looking for his tea, looking for his tea.
(Repeat)
Walking through the jungle . . .

Basic use - an acting-out song

The children can sing the repeated lines in the chorus after the leader, or everyone can sing all the lines together. Sing as you walk round the room pretending to be explorers. If you sing it sitting down, pat your knees in rhythm during the chorus. At the end of the chorus get a child to make an animal noise, then sing the verse, joining in with appropriate noises and actions.

Try this

Try different themes - Walking through the countryside or Walking down the high street.

Change the words so that you sing about what you would do if you saw an animal in the jungle. Ask the children for suggestions for the animal and what they would do to get away from it. For example if they saw a tiger then they might sing the verse given opposite.





19 Body patterns



Walking through the jungle, walking through the jungle,

What do you see? What do you see?
If you see a tiger, if you see a tiger
Looking for his tea, looking for his tea

Then we must swing through the creepers (Tarzan call)

Swing through the creepers (Tarzan call)

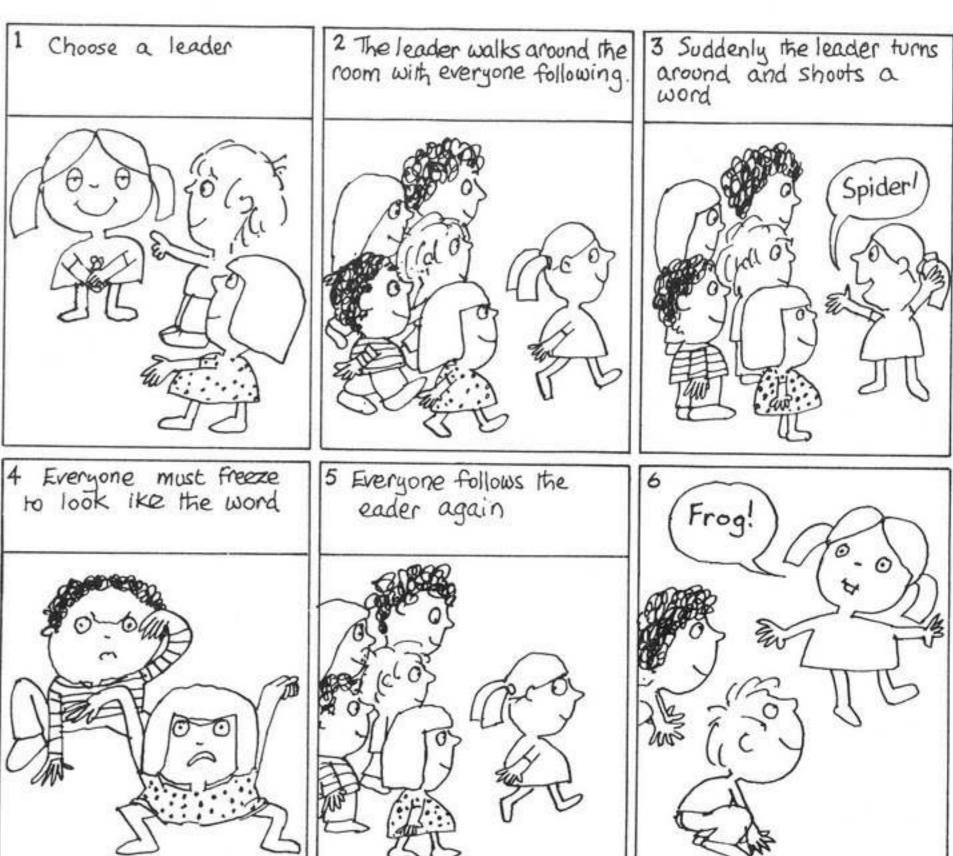
Swing through the creepers (Tarzan call)

Then we won't be his tea, we won't be his tea.

(Repeat)

20 Magic statues



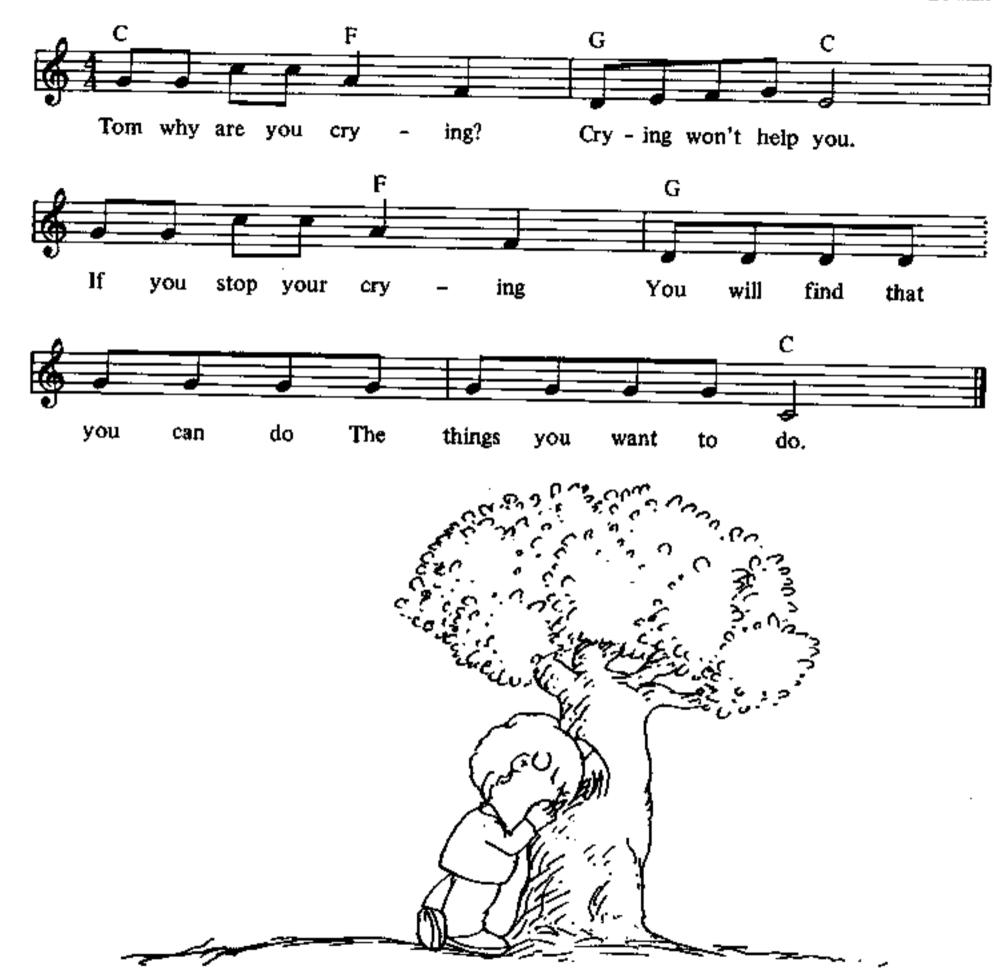


21 Crying song

Tom, why are you crying?
Crying won't help you.
If you stop your crying
You will find that you can do
The things you want to do.

Basic use

You may like to sing this to any crying child.



22 Rhyming name song

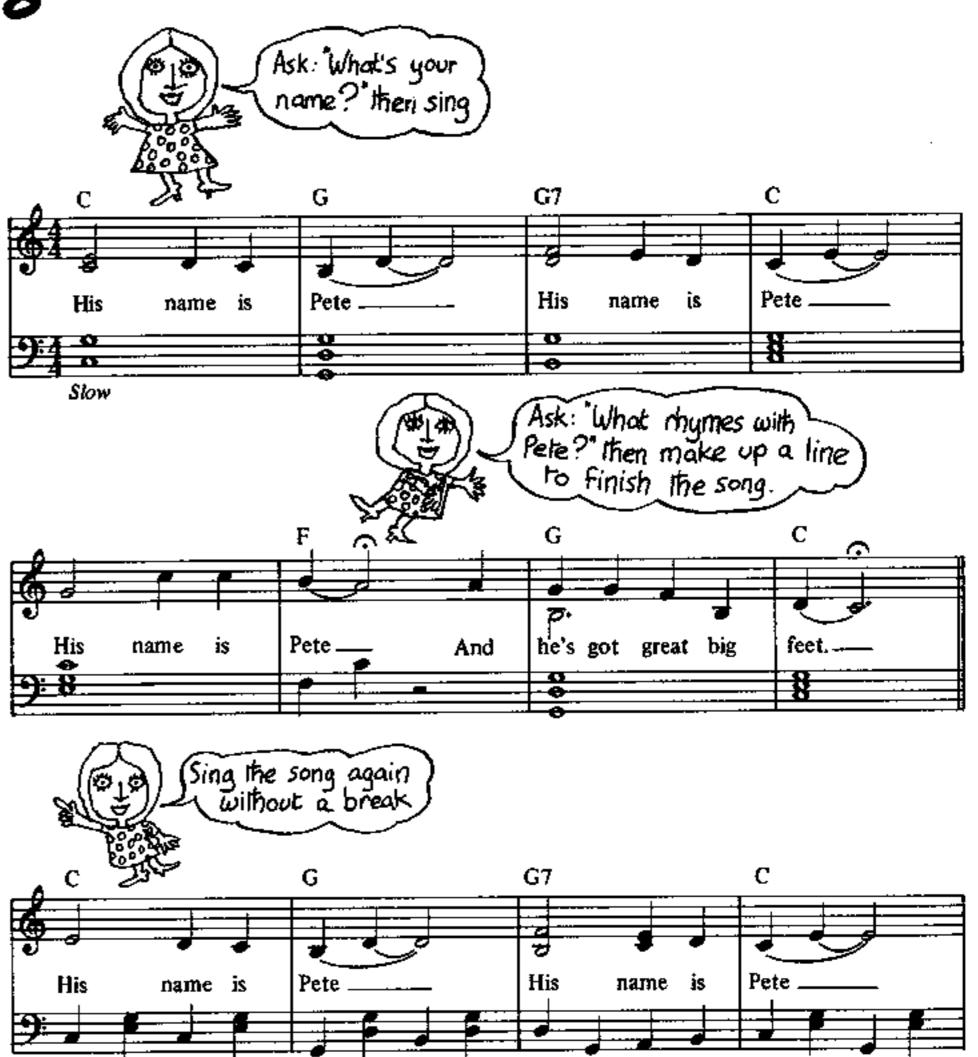
His name is Pete His name is Pete His name is Pete And he's got great big feet.

Her name is Harriet
Her name is Harriet
Her name is Harriet
Her piano's too heavy to carry it.

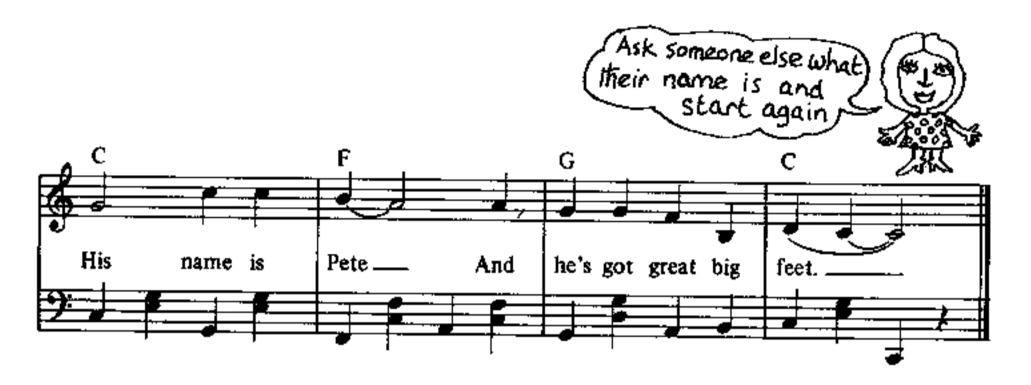
Basic use

Make up a verse for each child's name and your own. Ask the children to provide the rhymes for their friends. If they are stuck for one you'll have to think of it! After singing the third line of the verse, stop and ask the children what rhymes with Pete (or whatever other name you are singing) then make up a line to finish the verse. Then sing right through the verse again without a break.

Fast



23 Clap clap game



Try this

Instead of finding rhymes for names, ask each child for his or her favourite food and make up rhymes for these:

Robert likes eating jam
Robert likes eating jam
Robert likes eating jam
He eats it with some spam.



Ask the children to tell you their favourite colours and make rhymes for these:

Pete likes red
Pete likes red
Pete likes red
It's the colour of his bed.





24 Dice song

We've got one dot on top of the dice, Roll it over again. When it stops we'll count the dots, Roll it over again.

How many dots have we got now? Count together and see –

$$I - 2 - 3$$

We've got three dots on top of the dice, Roll it over again.

We've got three dots . . .

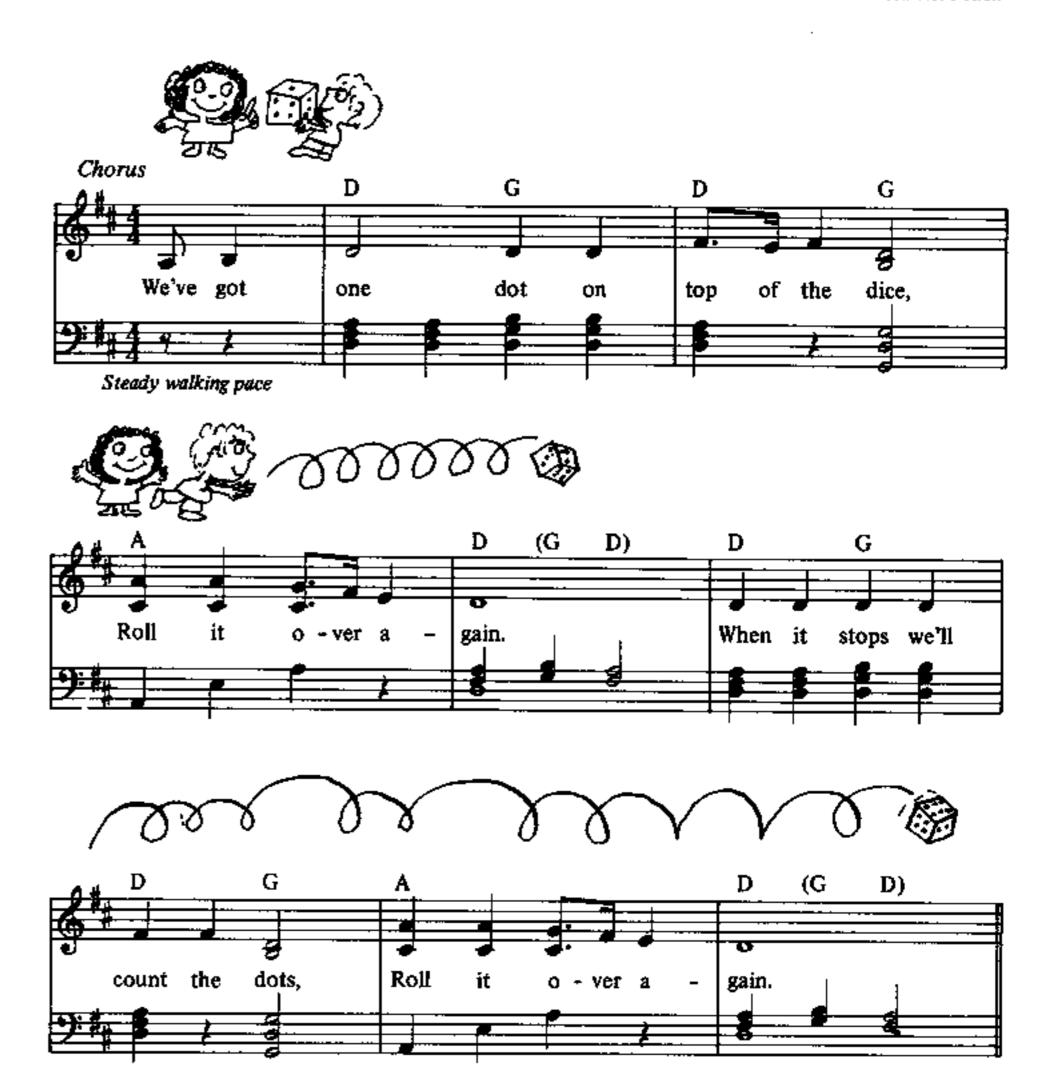
How many dots have we got now? Count together and see –

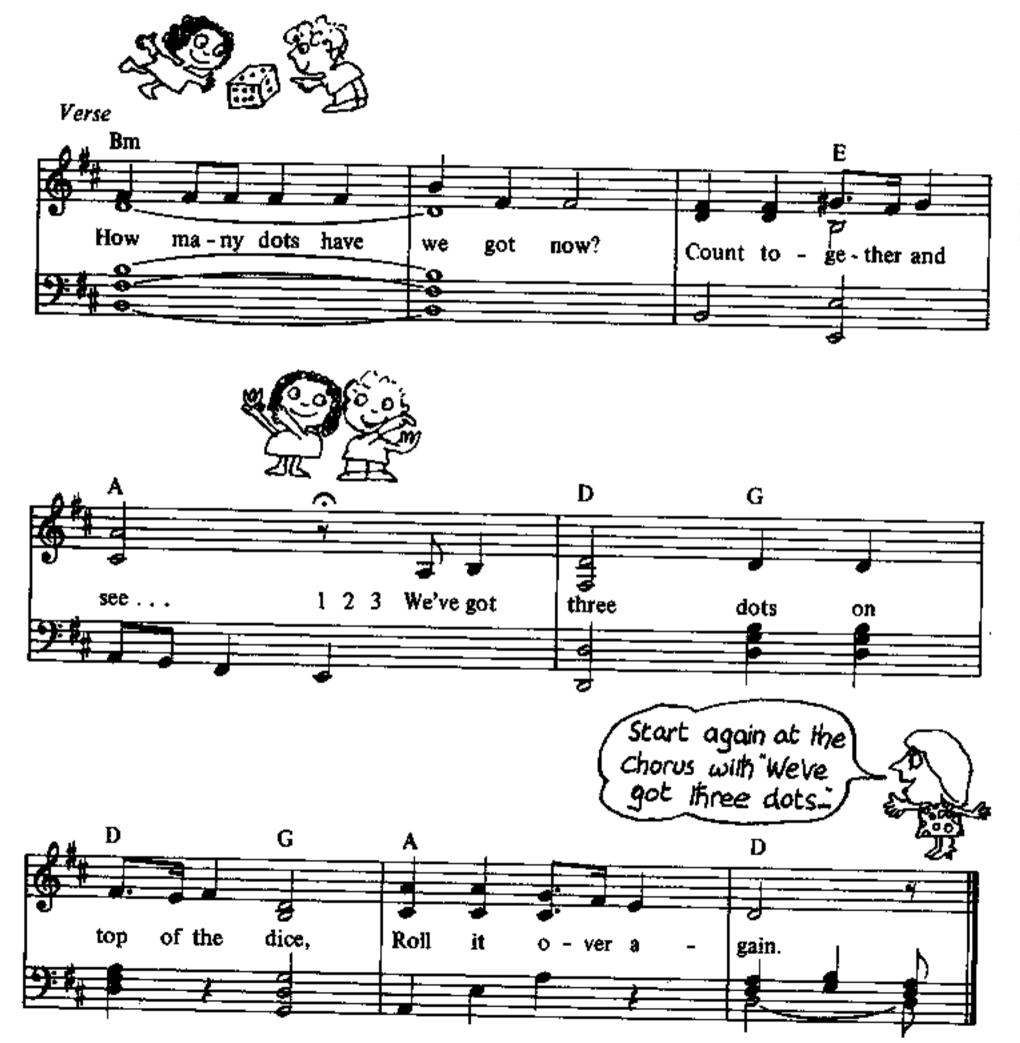
We've got six dots on top of the dice, Roll it over again.

We've got six dots . . .

Basic use – a counting game

Make or buy a large dice. Start the chorus by singing whichever number happens to be on top. Each child then has a turn to roll the dice during the chorus. In the pause in the verse all count together how many dots have landed on top.





Try this

Before you sing the song, choose an action for each of the numbers on the dice. For example, if it lands on 1, jump once; on 2, wave two hands; on 3, hop three times, etc. Either the child who rolled the dice has to remember to do the action during the pause in the verse, or all the children can do it together:

How many dots have we got now? Do this action and see -



We've got three hops on top of the dice, Roll it over again.

We've got three hops . . .

25 Colour song

Take a little bit of yellow
And a little bit of blue,
Put it in a bowl and mix it up do,
We've got a colour we've never had before,
What have we got? We've got green.

We can mix lots of colours
All the colours you've ever seen,
We can mix lots of colours
Yellow and blue make green.

Take a little bit of yellow
And a little bit of red,
Put it in a bowl and what have you got instead?
We've got a colour we've never had before,
What have we got? We've got orange.

We can mix lots of colours
All the colours you've ever seen,
We can mix lots of colours
Yellow and red make orange,
And yellow and blue make green.

Take a little bit of red
And a little bit of blue,
Put it in a bowl and mix it up do,
We've got a colour we've never had before,
What have we got? We've got purple.

We can mix lots of colours
All the colours you've ever seen,
We can mix lots of colours
Red and blue make purple,
Yellow and red make orange,
And yellow and blue make green.

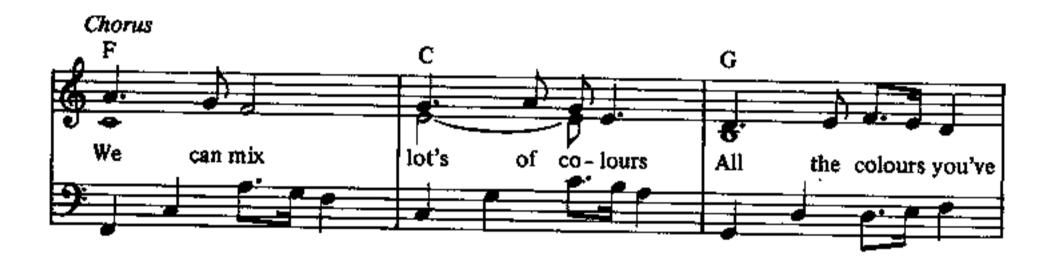








ne - ver had be-fore, What have we got? We've got green.







26 Colour collecting



Judy Farrar, Janice Honeyman, Katina Noble and Harriet Powell

27 Keep on dancing

Keep on dancing, keep on dancing Keep on singing this song. Keep on dancing, keep on dancing Keep on singing this song.

Clap your hands and stamp your feet
Wiggle your eyebrows to the beat,
Wiggle your eyebrows, wiggle your eyebrows,
Keep on singing this song.

Keep on dancing . . .

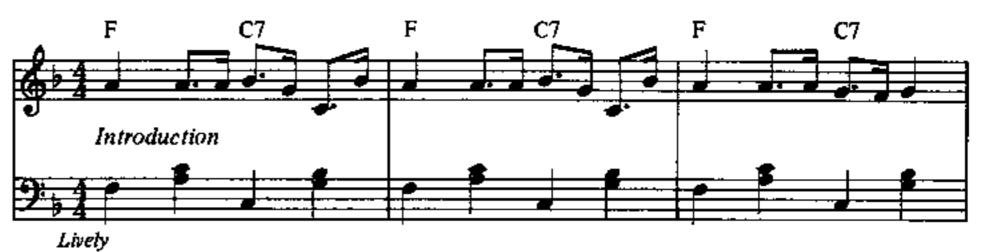
Clap your hands and stamp your feet
Shake your shoulders to the beat,
Shake your shoulders, shake your shoulders,
Wiggle your eyebrows, wiggle your eyebrows,
Keep on singing this song.

Keep on dancing . . .

Clap your hands and stamp your feet
Knobble your kneecaps to the beat,
Knobble your kneecaps, knobble your kneecaps,
Shake your shoulders, shake your shoulders,
Wiggle your eyebrows, wiggle your eyebrows,
Keep on singing this song.

Keep on dancing . . .

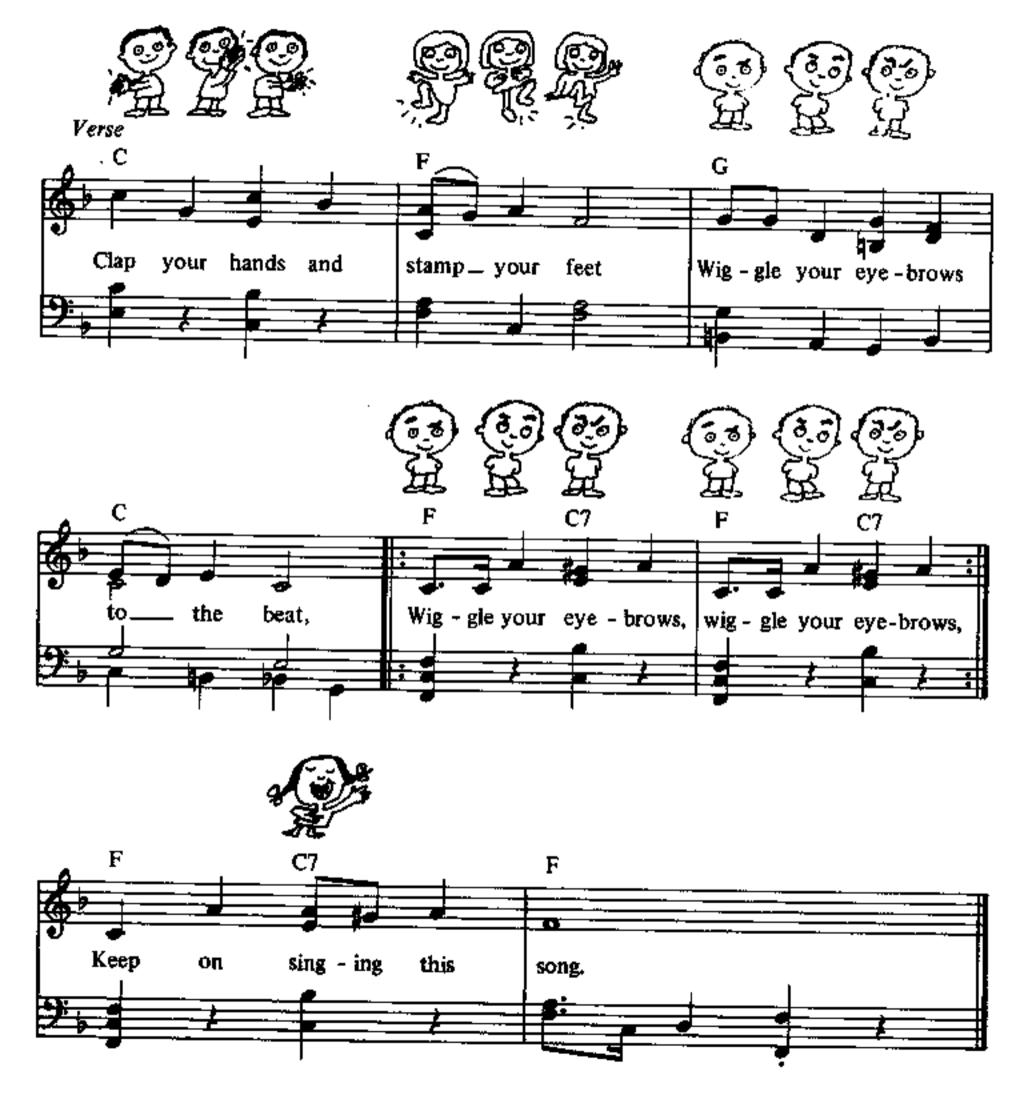
Clap your hands and stamp your feet
Wobble your bottom to the beat,
Wobble your bottom, wobble your bottom,
Knobble your kneecaps, knobble your kneecaps,
Shake your shoulders, shake your shoulders,
Wiggle your eyebrows, wiggle your eyebrows,
Keep on singing this song.











Basic use - a cumulative action song and dance

During the chorus, dance around in a circle holding hands. At the start of the verse stop dancing and do the actions indicated instead. By the way, "knobble your kneecaps" means knock your knees together. Start by doing the actions slowly and get faster as you become more accomplished.

Try this

During the chorus, dance on the spot in a group or in a circle. Choose one person's way of dancing for everyone to copy. Invent silly ones.

Change the actions in the verse. Use different parts of the body and fit in different words, e.g. "wiggle your fingers".

As a finale - an impossible but funny challenge - try doing all the actions at once.

Clap your hands and stamp your feet Do all the actions to the beat . . .

Harriet Powell

28 Bendy toy

Bendy bends to any shape
He bends and stretches, he won't break.
Try and copy the shapes he makes
And be a bendy toy.

Well, he bends over here
He bends over there
As round as a ball
Or straight as a chair,
And if you think you're a piece of elastic
You'll be looking quite fantastic!
Bendy bends to any shape . . .

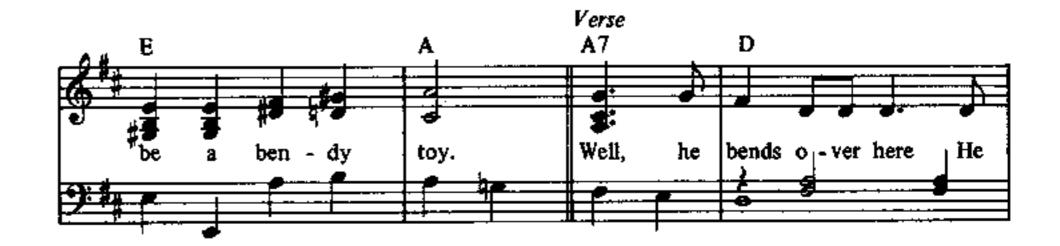
Well, he bends over here
He bends over there
As tall as a tree
Or as wide as a bear
And if you think you're a piece of elastic
You'll be looking quite fantastic!
Bendy bends to any shape . . .

Basic use - an action song

While singing the chorus, all bend and stretch in any way you like. During the verses, the children can pretend to be bendy toys, doing all the actions indicated in the words.

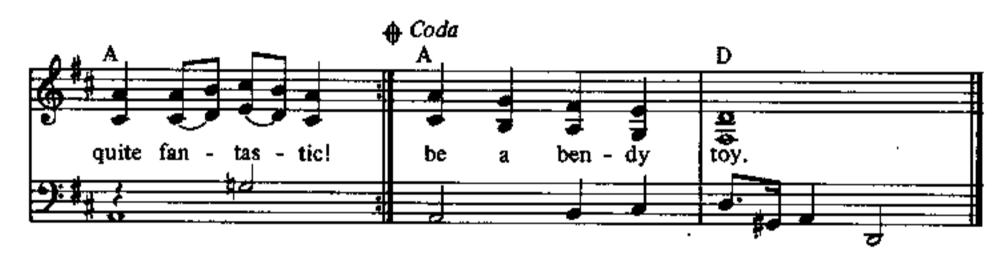








if you think you're a piece of e-las - tic You'll be look - ing



Well, he bends over here



As tall as a tree

Try this



He bends over there



Or as wide as a bear



As round as a ball



Change or add to the actions by making up new verses, e.g.

Or straight as a chair



He stretches up high He bends down low Nods his head "yes" Shakes it "no".

29 Clay modelling



A child stands in the middle and pretends to be a lump of clay



The leader models the lump of clay into a shape



Leader chooses a child in the circle to change the shape



New people can be added.

30 Make a cake

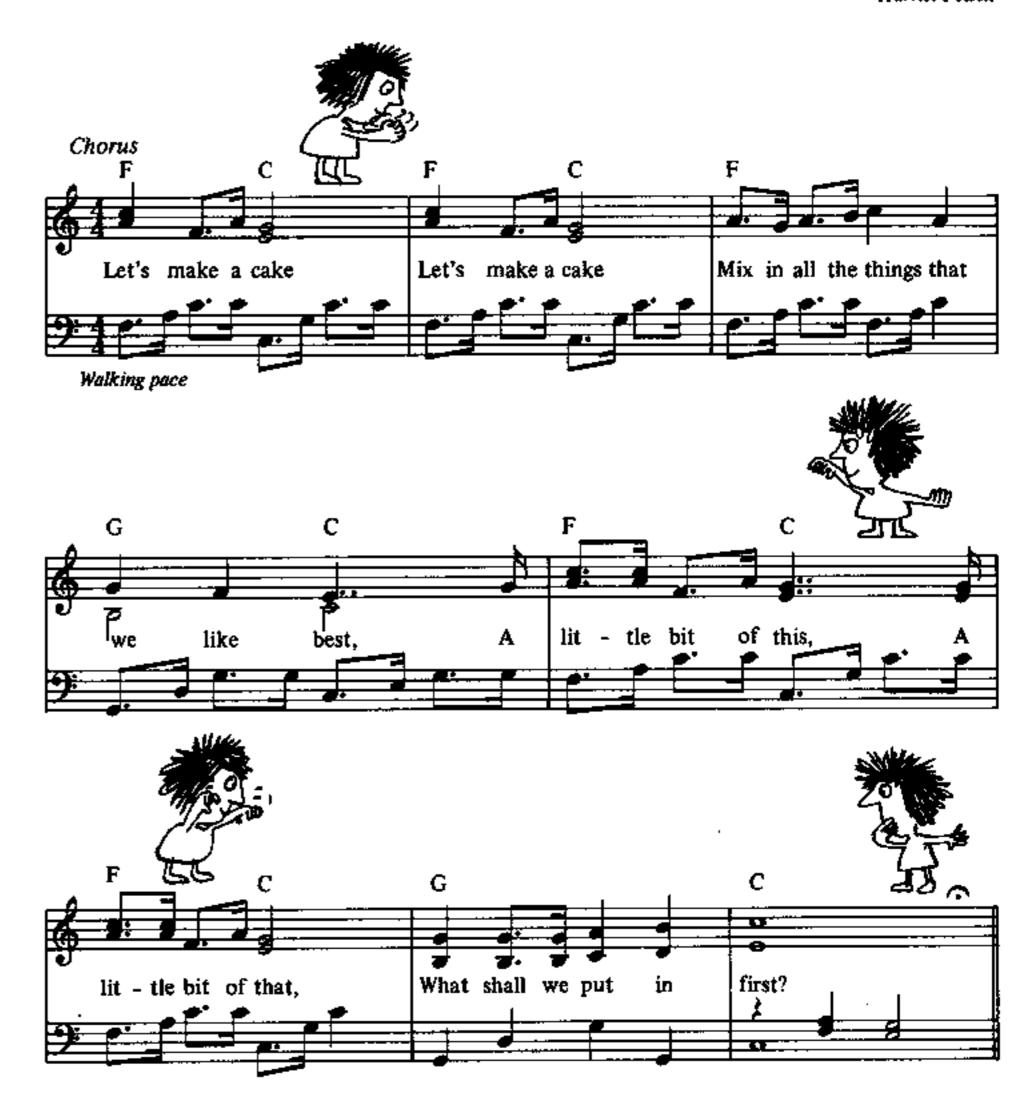
Let's make a cake
Let's make a cake
Mix in all the things that we like best,
A little bit of this,
A little bit of that,
What shall we put in first?

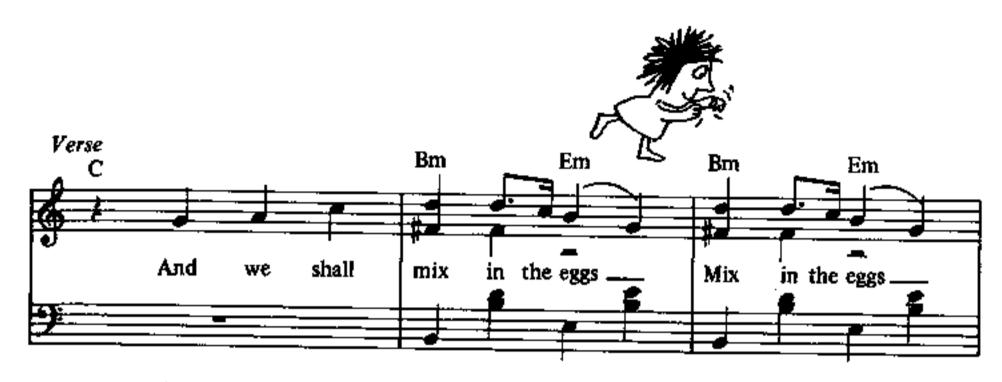
And we shall mix in the eggs
Mix in the eggs
Stir and stir and
Stir and stir and
Let's make a cake . . .

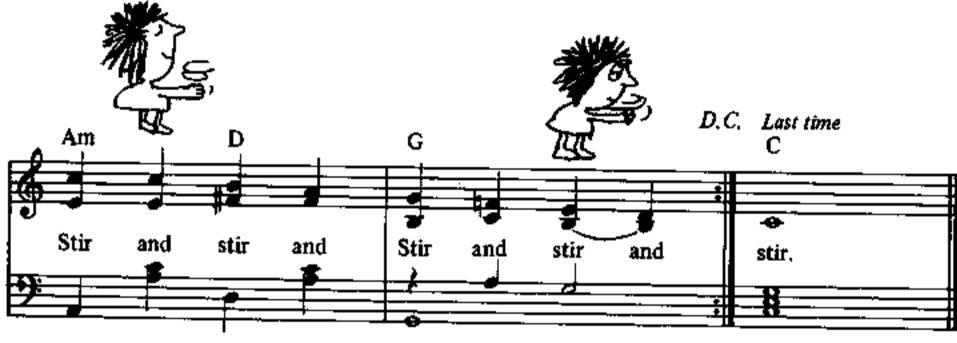
(In the last line sing
next instead of first)

And we shall mix in the icecream
Mix in the icecream
Stir and stir and
Stir and stir and
Let's make a cake...

And we shall mix in the . . .







Basic use - an action song

Make stirring actions as you sing. At the words "a little bit of this, a little bit of that" pretend to put things into the bowl. At "what shall we put in first/next?" take suggestions from the children for what to mix in the cake. It doesn't matter how unlikely an ingredient it is.

Try this

Use a different theme such as witches and wizards mixing spells. Revolting suggestions for ingredients are guaranteed! This is especially appropriate for Halloween:

Let's make a spell
Let's make a spell
Put in all the things to make it work,
A little bit of this
A little bit of that,
What shall we put in first?

And we will mix in the lizards
Mix in the lizards
Stir and stir and
Stir and stir and
Let's make a spell . . .

And we will mix in the . . .

31 Monster stomp

If you want to be a monster, now's your chance

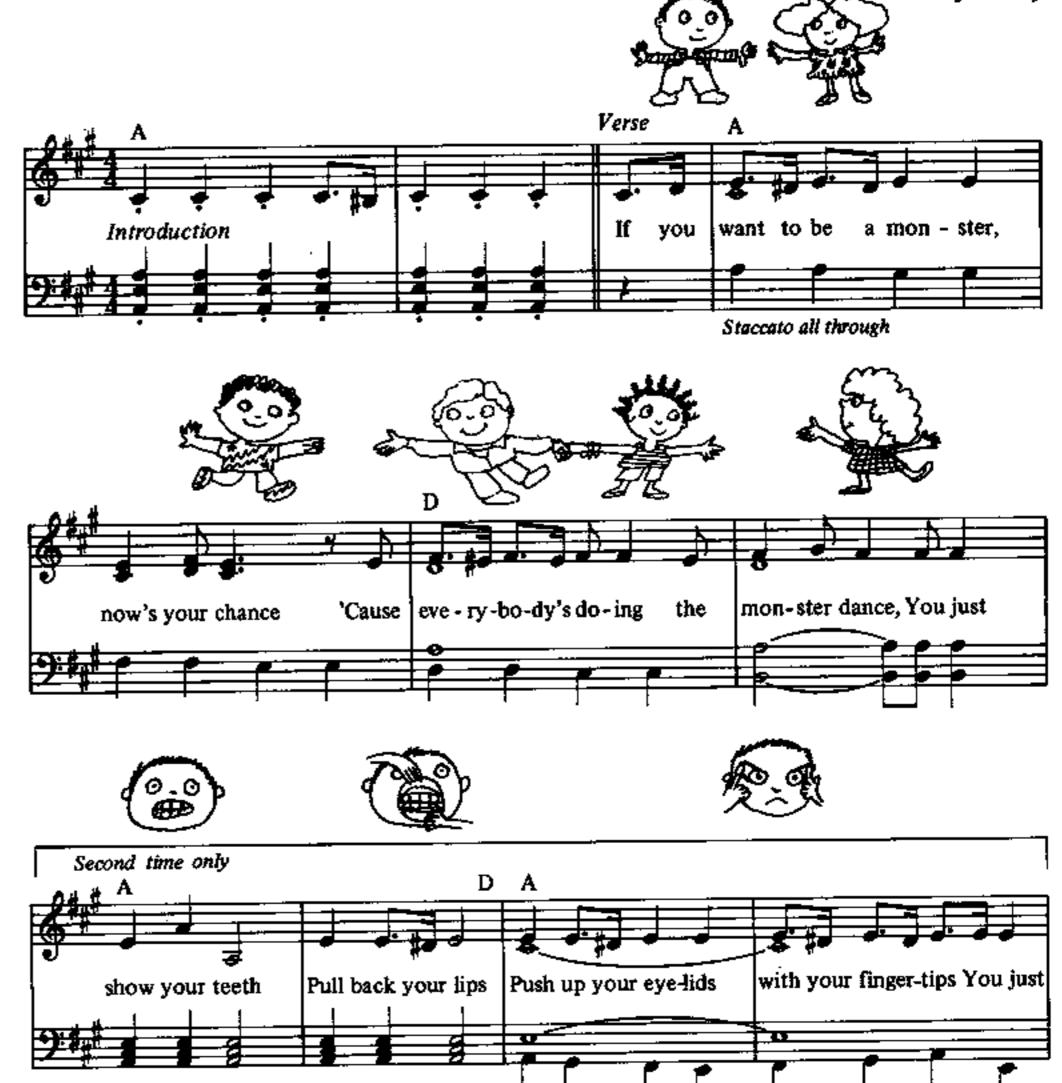
'Cause everybody's doing the monster dance,

You just stamp your feet
Wave your arms around
Stretch 'em up, stretch 'em up
Then put them on the ground,
'Cause you're doing the monster stomp
That's right, you're doing the monster
stomp.

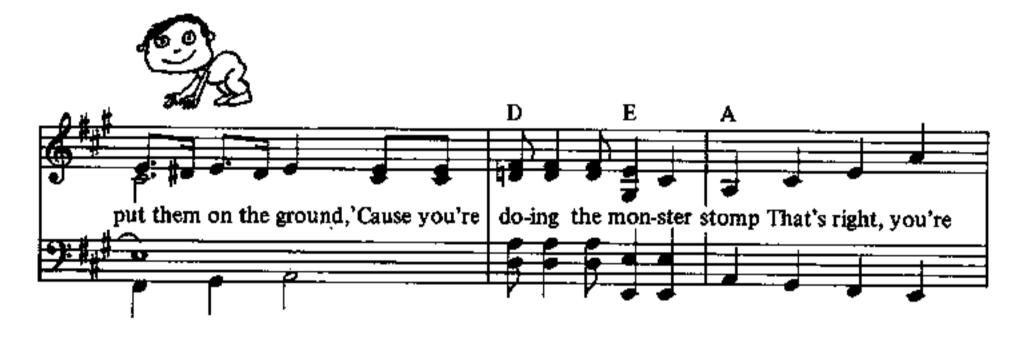
Ooh-Ah-Ooh-Ah-Ooh-Ah Ooh-Ah-Ooh-Ah-Ooh-Ah

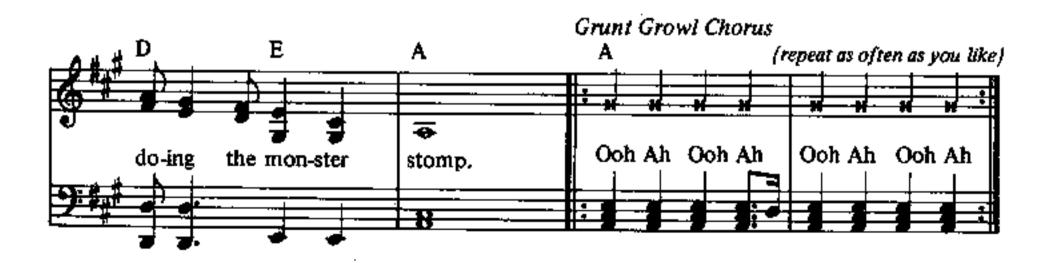
Before you find somebody to chase
First of all you need a monster face,
You just show your teeth
Pull back your lips
Push up your eyelids with your fingertips
You just stamp your feet.
Wave your arms around
Stretch 'em up, stretch 'em up
Then put them on the ground,
'Cause you're doing the monster stomp
That's right, you're doing the monster
stomp.

Ooh-Ah-Ooh-Ah-Ooh-Ah Ooh-Ah-Ooh-Ah-Ooh-Ah









Basic use – an action song and dance

Sing it with everybody standing in a circle doing the actions. In the *Grunt Growl Chorus* the circle moves round with everybody pretending to be monsters.

Try this

Repeat the first verse replacing "monster" with a different character each time - an elephant, Superman, and so on. Replace the line "you just stamp your feet" with an appropriate action for the character. Change the following lines also if you like.

Children can paint pictures of their favourite monster or tell stories using the monster theme.



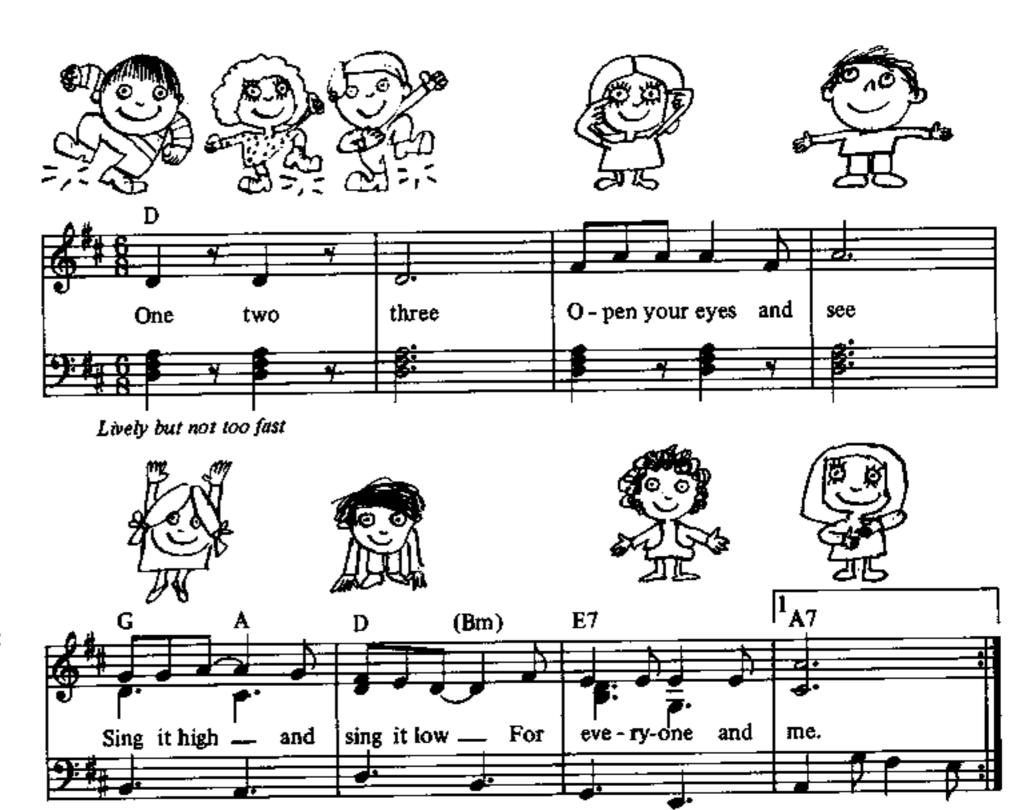
32 One two three

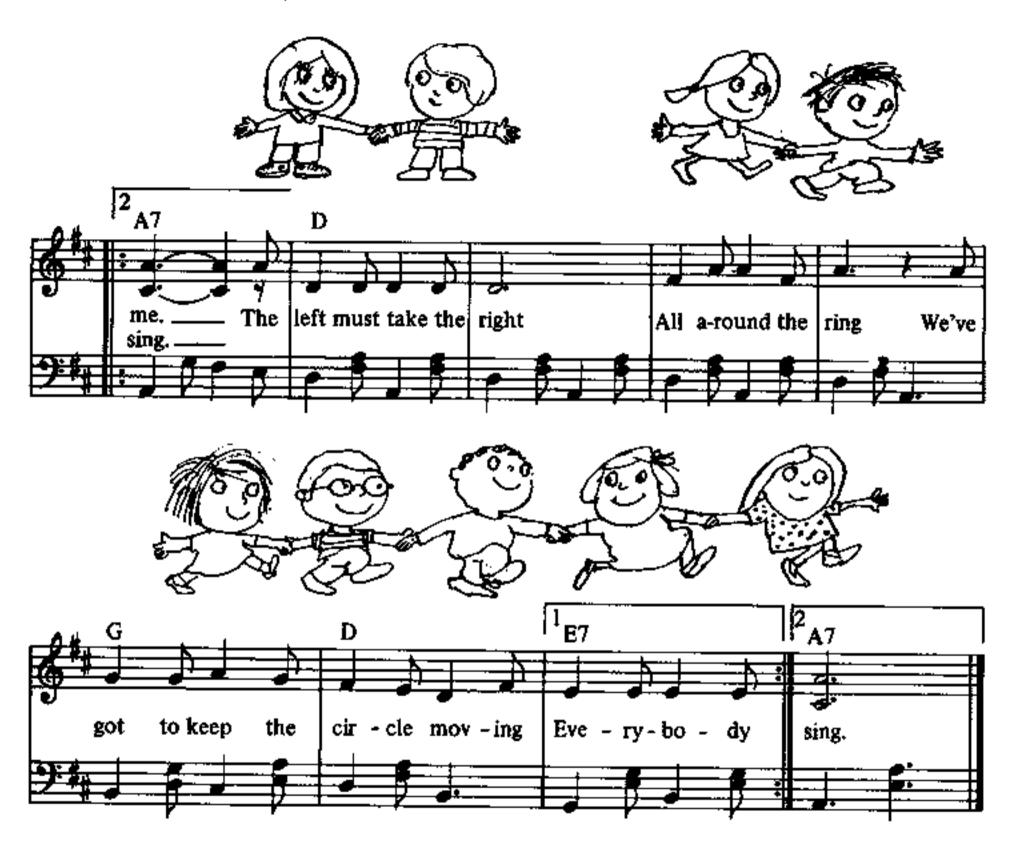
One two three
Open your eyes and see
Sing it high and sing it low
For everyone and me.

The left must take the right
All around the ring
We've got to keep the circle moving
Everybody sing.

Basic use – an action song and dance

You can chant "one two three" until everybody is saying it together, then carry on with the song and all the actions indicated. At the beginning of the second verse make a circle, repeating the phrase "the left must take the right" until the circle is formed. Repeat each section as many times as you like.





Try this

In the second verse, break the circle and lead it to the centre in a spiral, getting gradually faster. Then go back to "one two three".

Vary the song by singing it loudly or softly. Finish in a quiet way to bring down the level of excitement by singing "sh - sh - sh" to the tune.

Think of other actions to fit into the song.

Everyone could copy one person's actions, e.g. "Copy
John, put and put your head", or "Be a dog, woof woof
woof".

33 I've got a body

I've got a body, A very busy body And it goes everywhere with me.

And on that body I've got a nose And it goes everywhere with me. And I sniff sniff here (real sniffs!) Sniff sniff there Sniff sniff sniff everywhere, I've got a body . . . (chorus sung twice)

And on that body I've got some hands And they go everywhere with me. And I clap clap here Clap clap there

Clap clap clap everywhere, Sniff sniff here . . .

I've got a body . . .

And on that body

I've got some feet And they go everywhere with me.

And I stamp stamp here

Stamp stamp there

Stamp stamp stamp everywhere,

Clap clap here . . .

Sniff sniff here . . .

I've got a body . . .

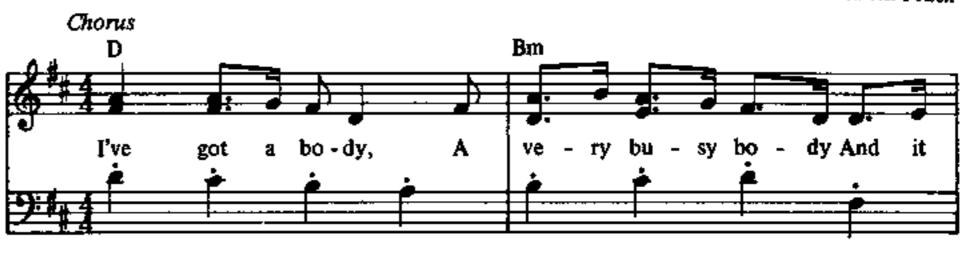
And on that body I've got some . . .

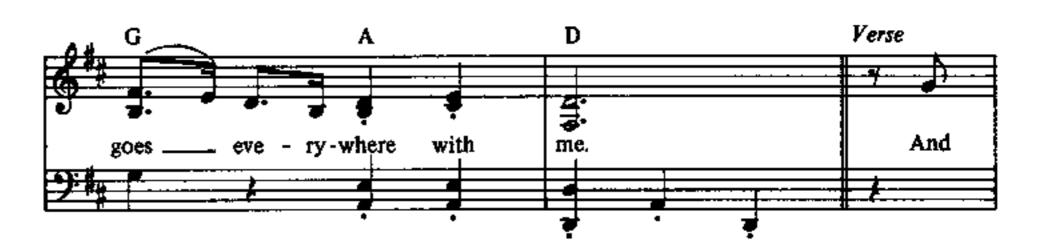


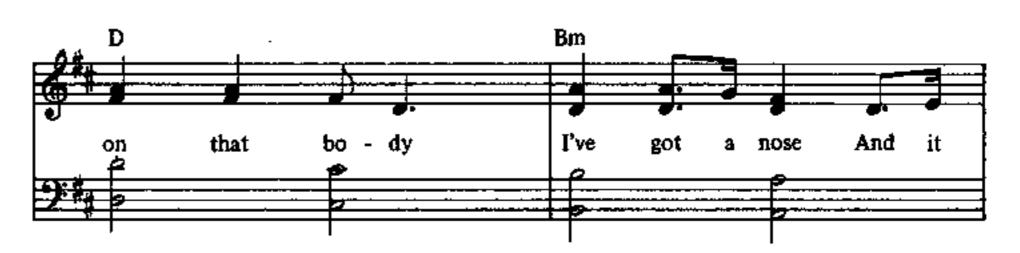


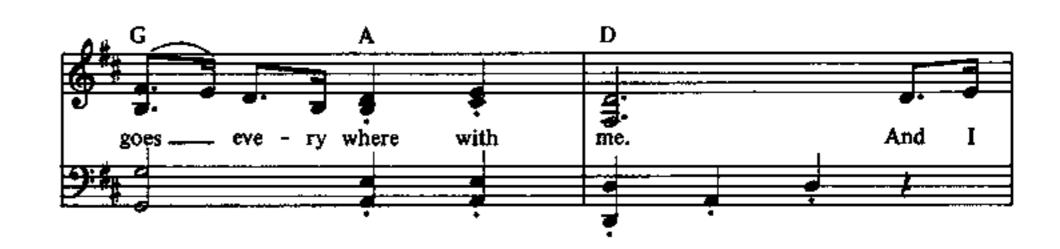










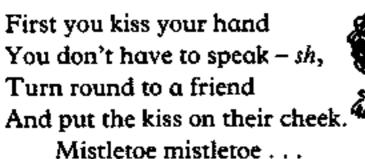


35 Mistletoe

Mistletoe mistletoe
Mistle mistle mistletoe
Adds to the Christmas cheer,
First you kiss somebody
And wish them a Happy New Year.

First you kiss your hand
Kisses are for free,
Turn round to a friend
And put the kiss on their knee.
Mistletoe mistletoe . . .

First you kiss your hand
You've got a kiss to spare,
Turn round to a friend
And put the kiss on their hair.
Mistletoe mistletoe...



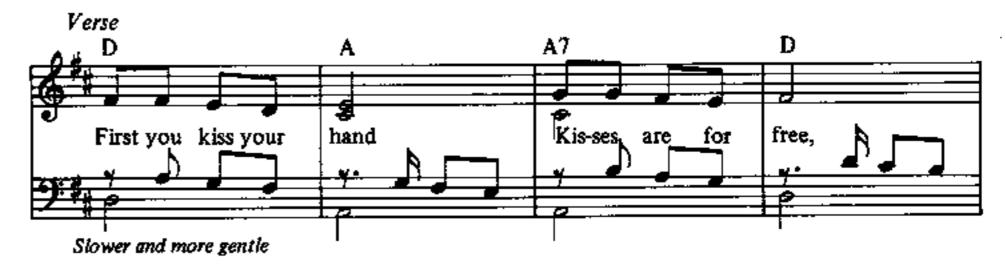
















Basic use – an action song for Christmas

If possible, sing the song while sitting under some mistletoe. Encourage the children to do the actions indicated, and to put their kisses on each other

Try this

Make up other verses for different places to put kisses. You may find some parts quite a challenge for a rhyme

36 We can do anything

We can do anything
We can do anything
We can do anything
We want to.
(Repeat)

We can sing this song
La lala lala,
Sing this song
La lala lala,
Sing this song
La lala lala la.
We can do anything . . .

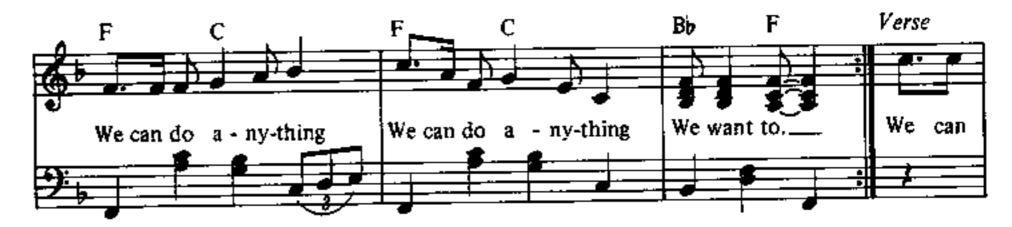
We can clap our hands
Clap clap-clap clap-clap (real claps)
Clap our hands
Clap clap-clap clap-clap,
Clap our hands
Clap clap-clap clap-clap clap.
We can do anything . . .

We can whistle this tune
(Whistle the tune) ...
We can do anything ...

We can . . .



Not too fast but with a swing





Basic use - an action song

The verse is entirely adaptable. Do the actions suggested here or replace them with your own ideas.

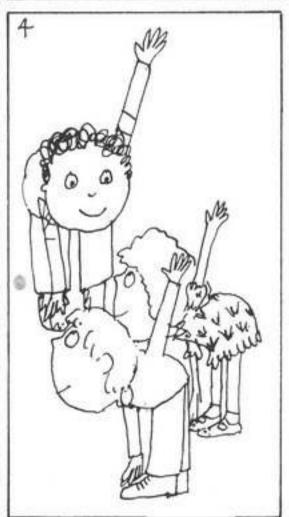
Try this

After singing the chorus, ask a child to think of an action for the others to copy All do the actions while singing the new verse.

37Ape







38 Weather song

In all kinds of weather Whether it's hot or cold, Wouldn't it be nice if we could make The weather do what it's told.

To make the sun Let's all hum, Hum hum hum Hum hum hum.

(Repeat)

In all kinds of weather . . .

Too make the rain Pat your knees, Pat your knees Pat your knees.

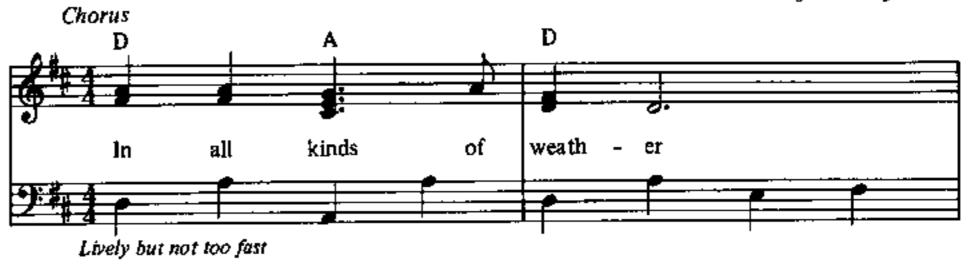
(Repeat) In all kinds of weather . . .

To make the wind Let's all blow, Blow blow blow Blow blow blow.

(Repeat)

In all kinds of weather . . .

To make the . . .

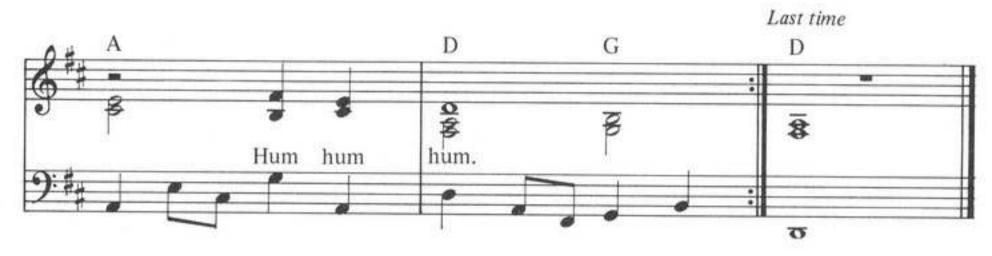


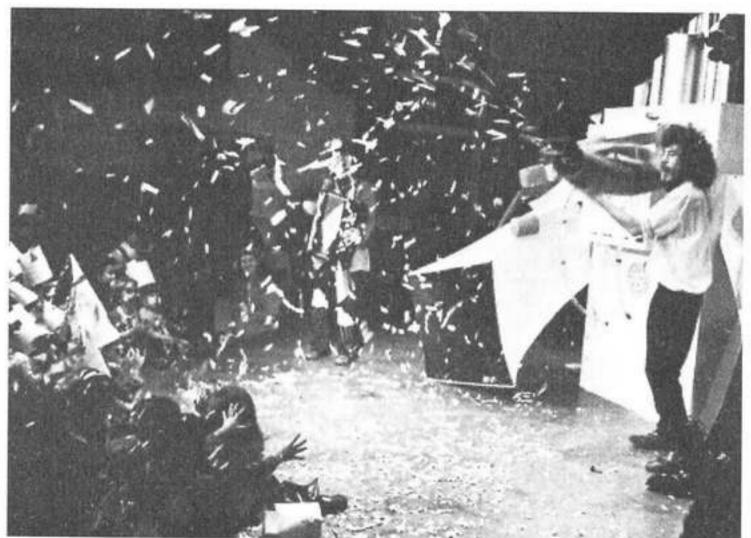












Basic use – a sound and action song

After singing the chorus, take suggestions from the children for the type of weather they would like to make. Choose a sound or action to represent it. This could be the sound the weather makes, or the action or sound the children would make in that type of weather You might pat your knees to represent the sound of the rain, shiver in the frost, and so on.

Try this

Talk about the kinds of things you might do in different types of weather, make up a verse with appropriate words, and act it out, e.g.

In the sun We go for a swim

Think about the clothes you wear for different weather, make up new verses, and act out putting on and taking off the clothes you need for each

In the snow Put on your boots

In the sun Take off your jumper

39 Sound song

Leader

Sounds we hear
Through the window
Far and near
Soft and still
High and low
Loud and clear

Children

Sounds we hear
Through the window
Far and near
Soft and still
High and low
Loud and clear

Together

Listen Listen Listen Listen (whispered)







C Tacet Am Tacet Lis - ten Lis - ten



Basic use

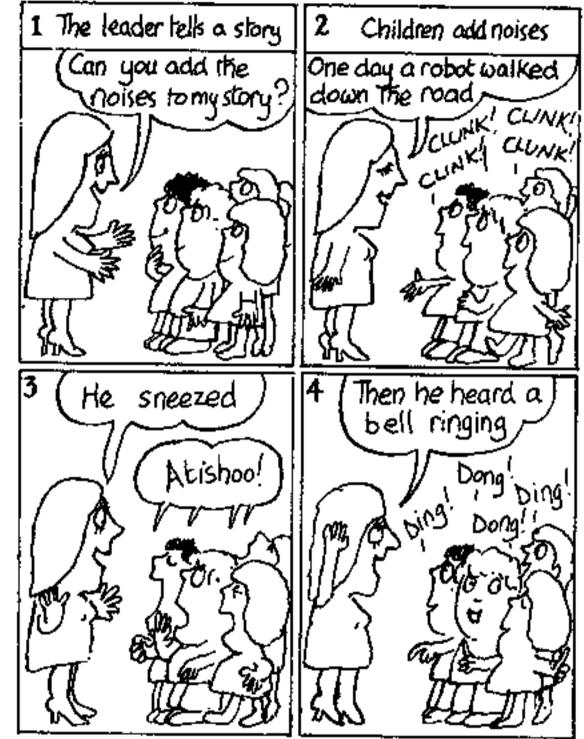
This is a quiet listening song. The leader sings each phrase; the children echo it. After singing "listen", the children should stay very still in order to hear any sounds around them.

Try this

Fill in the silent bars after "listen" with a sound for the children to identify. You could play an instrument hidden behind a screen, imitate bird calls – duck, chicken, owl – or record different sounds on cassette – keys rattling, water running, and so on.

Choose a child to make the sounds for the others to identify.

40 Storytelling



41 Down on the farm

Judy Farrar, John Perry and Harriet Powell

farm

2 Dm

harm.

Down on the farm Down on the farm Come and join us It won't do you any harm. (Repeat)

You will see a hen Sitting in a pen, You will see a hen Who's sitting in a pen.

(Repeat)

Oh lay oh lay

Oh lay oh lay

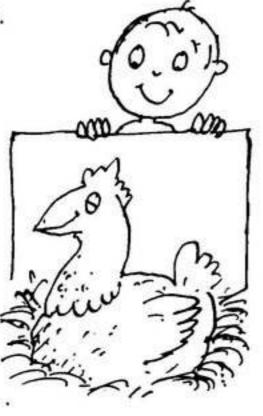
Oh lay oh lay

Oh lay oh lay

Down on the farm . .

Down on the farm . . .

With a bit of luck You will see a duck, With a bit of luck Then you will see a duck. (Repeat) Quack quack quack Quack quack quack (Repeat) Oh lay oh lay Oh lay oh lay (Repeat)





Chorus

Dm



Inter-Action's City Farm in Kentish Town, London









You will see a horse
Eating hay of course,
You will see a horse
Who's eating hay of course.
(Repeat)

Munch (Repeat)

Quack quack quack quack ...

Oh lay oh lay ...

Down on the farm . . .

You will see a . . .

Basic use – a cumulative sound song

Make the most of the Spanish rhythm by clapping, or using percussion instruments in the places suggested. Use the verses here and/or make up your own with the children, accumulating more sounds as you go along. The fifth and sixth lines of music can be used as an introduction to the song.

420n Christmas Day

On Christmas Day hey hey hey hey We'll have a tree hee hee hee hee, And it will snow ho ho ho ho For you and me hee hee hee hee.

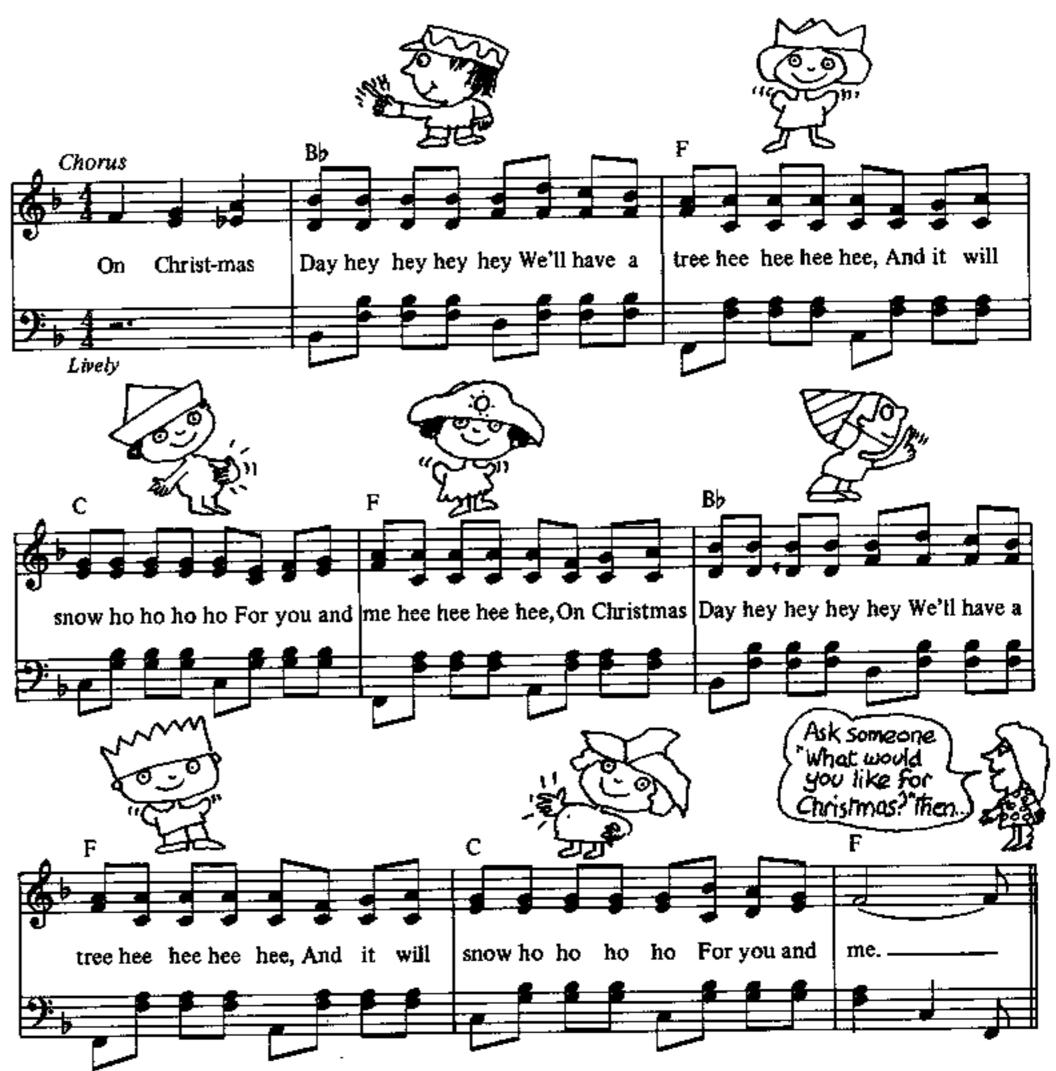
(Repeat)

He wants a car
He wants a car
And it'll go brm brm brm brm
Brm brm brm brm brm.

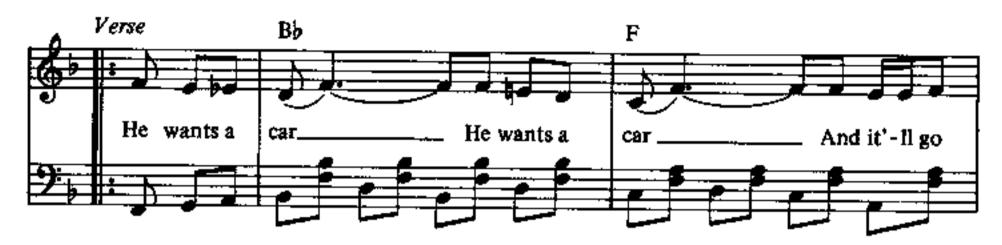
(Repeat)
On Christmas Day...

Basic USE – a cumulative sound and action song

After singing the chorus, ask a child what he or she would like for Christmas and what noise the present might make. Make up verses using the answers, and inserting the child's name if you can, rather than the pronoun. Accumulate the presents and sounds as here.



43 Cumulative words





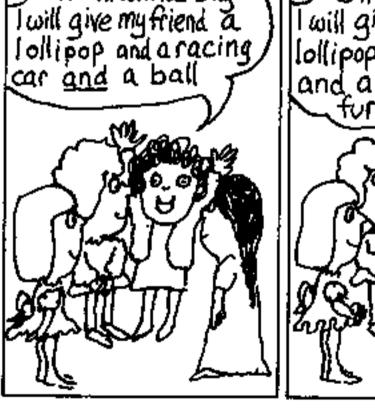


Try this

Make up new verses by asking the children what they will eat on Christmas Day and what noise they will make while eating it. Verses can be made up about other Christmas day activities, what presents the children think they will give, and so on.

We'll all eat pudding
We'll all eat pudding
And we'll go yum yum yum yum
Yum yum yum yum yum,
She wants a trumpet . . .







44 Say goodbye

Leader Children
Say goodbye Goodbye

Say goodbye Goodbye Goodbye

Say goodbye Goodbye



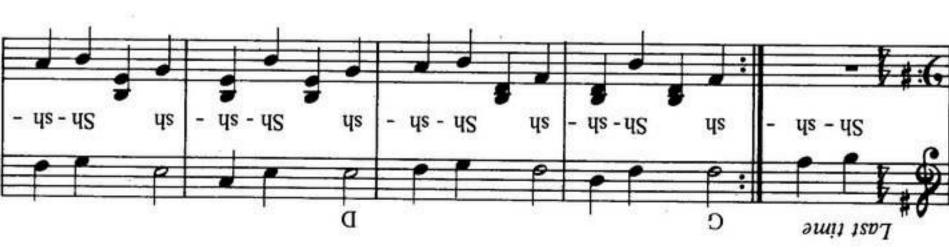


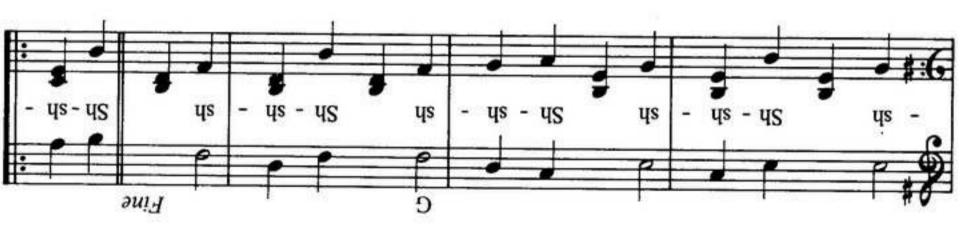
Basic USE – a ritual song for saying goodbye

Children sing "Goodbye" in response to the leader's "Say goodbye". Vary it by asking the children to shout or whisper "goodbye".









above).

zidt ViT

Fit in the words for actions:

Give me a wave (children wave) ...

M If it is necessary to calm the children down, end the song in this quiet way (see

Goodbye Pete Goodbye Pete Goodbye Robert

Goodbye Pete Goodbye Pete Goodbye Robert

singing one or two lines for each name:

Include the name of a child each time,

Goodbye Robert Goodbye Robert

$$ys - ys - yS$$
 $ys - ys - yS$
 $ys - ys - yS$ $ys - ys - yS$
 $ys - ys - yS$ $ys - ys - yS$
 $ys - ys - yS$

How the game-songs were developed

Prof Dogg's Troupe takes children's theatre to schools, playgroups, adventure playgrounds, festivals and theatres throughout the country. A variety of different projects has given rise to the game-songs in this collection.

Many of the game-songs were developed for use in shows. How do you do? was originally written as an introduction to the Dolls Show, which uses child-sized body puppets attached to the actors at the waist and feet. During a 20-30 minute play the dolls explore a theme set in domestic situations familiar to the children. Game-songs were written to explore the themes

of colour (Come to the party, Colour song), sound (Sound song), numbers (Dice song), size (Be a clown), and Christmas (Mistletoe).

In the Show Me How Show for which Keep on dancing, Walking through the jungle, Weather song and Make a face were written, the children discover a clown puppet (one of Prof Dogg's Troupe) that cannot move, walk or talk. Gradually, during six weekly sessions, the children teach her all kinds of things from walking to talking, using games, acting-out, dancing and singing.

We're going to make a circus was originally a

parade song for a street theatre show called We're going to make a movie. It was later adapted into a summer theatre project in which Prof Dogg's Troupe spend a day helping children prepare for and perform their own circus. Another street theatre show used Monster Stomp as its theme song leading the children into a monster-making project using junk materials.

Many game-songs were written for summer playschemes. When a dinosaur's feeling hungry was the theme song for a playscheme which involved children in building a massive junk sculpture of a dinosaur.

Other songs have been developed as frameworks for the type of participatory theatre which Prof Dogg's Troupe call an Act-In. This is a structure which involves children in dancing, playing games and acting-out characters, animals, etc, within an improvised story. The song links the different activities. Apart from the most obvious example, Act in song, many of the acting-out songs such as Be a clown and Monster stomp have been used in this way.

Prof Dogg's Troupe always provide entertainment at Inter-Action's Festivals for Under-fives. These events are presented twice a year, in the summer and at Christmas for playgroups, nurseries and anyone who works with under-fives in the local area. Each festival has a particular theme and setting, for example making toys at The Father Christmas Factory (for which On Christmas Day was written), the weather (Weather song), parts of the body (I've got a body), and shapes (Bendy Toy).

After all the excitement, Prof Dogg's Troupe find that the last song in the collection – Say Goodbye – is ideal for restoring calm. It can be sung quietly, fading gradually away to nothing with the repeated sh sh.



Show Me How Show

Acknowledgements

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Barker for 38 Weather song. @ Inter-Action Trust Christmas Day; Harriet Powell and John Wesleysong; Harriet Powell and Peter Southcott for 42 On Toy, 30 Make a cake, 33 Pue got a body, and 39 Sound Walking through the jungle, 24 Dice song, 28 Bendy and 35 Mistletoe; Harriet Powell for 17 Be a clown, 18 Down on the Jarm; John Perty for 31 Monster Stomp Judy Farrar, John Perry and Harriet Powell for 41 Harriet Powell for the music of 27 Keep on dancing; Honeyman and Katina Noble for the words and face and 25 Colour song; Judy Farrar, Janice song; George Dewey for 6 Come to the party, 8 Make a for 2 How do you do, 14 Act in song and 21 Crying Pat Barlow for 36 We can do anything; ED Berman

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32 One two three, C Leon Rosselson. Leon Rosselson for 5 We're going to make a circus and

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Dolls Show



Gathering together

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